My Pretty Belinda

Count: 32 **Wall:** 2 **Level:** Beginner
Choreographer: Vikki Morris (UK) - February 2011
Music: Pretty Belinda - Dr. Victor & The Rasta Rebels

Start on the lyrics –32 counts in
At 2.57 min the track slows and stops for 4 seconds. Keep dancing, it will kick back in again.

R CROSS ROCK RECOVER, R SIDE SHUFFLE, L CROSS ROCK RECOVER, L SIDE SHUFFLE

1-2	Cross rock R over L, Recover on L
3&4	Step R to R Side, Step L to R, Step R to R side
5-6	Cross rock L over R, Recover on R
7&8	Step L to L Side, Step R to L, Step L to L side 12 o clock

WEAVE LEFT, R ROCKING CHAIR TO L DIAGONAL

1-4	Cross R over L, Step L to L side, Cross R behind L, Step L to L side
5-8	Rock fwd R, Recover L, Rock back R, Recover L 12 o clock

PADDLE ¼ L X2, JAZZ BOX STEP FWD L

1-2	Step forward R, Pivot ¼ turn L 9 o clock
3-4	Step forward R, Pivot ¼ turn L (step 1-4 use your hips to paddle) 6 o clock
5-8	Cross R over L, Step back on L, step R to R side, Step L Fwd

R LOCK, R LOCK STEP TO R DIAGONAL, L LOCK, L LOCK STEP TO L DIAGONAL

1-2	Step R to R diagonal, Lock L behind R
3&4	Step R to R diagonal. Lock L behind R, Step R to R diagonal
5-6	Step L to L diagonal, Lock R behind L
7&8	Step L to L diagonal. Lock R behind L, Step L to L diagonal

Start Again with a SMILE!

Choreographers note.
This is to help teach the beginners how to dance to the diagonal walls as there are so many dances now that incorporate diagonal step patterns.

Email:gypsycowgirl@blueyonder.co.uk