Energy

Count: 32 **Wall:** 4 **Level:** Intermediate
Choreographer: Maureen Jones (UK) & Michelle Jones (UK) - January 2010
Music: It's Too Late (Almighty Anthem Radio Edit) - Simone : (Album: Almighty Presents Energy Anthems)

Intro: 64 counts

SCUFF, TOUCH, KNEE POP, ¼ TURN, LARGE STEP BACK WITH DIP, TOUCH, LARGE STEP BACK WITH DIP, TOUCH

1-2	Scuff right forward, touch right to right
3-4	Pop right knee across left, on ball of left make ¼ turn right twisting right knee to centre
5-6	Step right large step back (bending knees), touch left beside right
7-8	Step left large step back (bending knees), touch right beside left

STEP, ½ TURN-BACK, LARGE STEP BACK WITH DIP, ¼ TURN-SIDE, HITCH, KICK-BALL-CROSS, DIAGONAL STEP

9-10	Step right forward, make ½ turn right and step left back
11-12	Step right large step back (bending knees), make ¼ turn left and step left to left
13-14&	Hitch right across left, kick right to right side, step right to right
15-16	Step left across right, step right diagonally forward right

STEP, ½ SPIN TURN WITH FLICK, SHUFFLE, ½ TURN-BACK, ¼ TURN-SIDE, CROSS SHUFFLE

17-18	Step left forward, spin ½ turn left flicking right back
19&20	Shuffle forward stepping right, left, right
20-22	Make ½ turn right and step left back, make ¼ turn right stepping right to right side
23&24	Step left across right, step right to right, step left across right

SIDE ROCK, BEHIND-SIDE-ACROSS, HOLD, SIDE ROCK, CROSS, SIDE ROCK

25-26	Rock right to right, recover onto left
27&28	Step right behind left, step left to left, step right across left
29&30	Hold, rock left to left, recover onto right
31&32	Step left across right, rock right to right, recover onto left

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