This & That

Count: 32 **Wall:** 4 **Level:** Beginner
Choreographer: Gary Lafferty (UK) - October 2008
Music: Woman - Mark Chesnutt : (Album: Rollin' With The Flow)

Floor Splits: “One Step Forward”

Intro: 16-count intro

STEP RIGHT , TOUCH , STEP LEFT , TOUCH ; SIDE , TOGETHER , FORWARD , TOUCH

1-2	Step to Right on Right foot , touch Left foot beside Right
3-4	Step to Left on Left foot , touch Right foot beside Left
5-6	Step to Right on Right foot , step on Left foot beside Right
7-8	Step forward on Right foot , touch Left foot beside Right

STEP LEFT , TOUCH , STEP RIGHT , TOUCH ; SIDE , TOGETHER , BACK , FLICK

1-2	Step to Left on Left foot , touch Right foot beside Left
3-4	Step to Right on Right foot , touch Left foot beside Right
5-6	Step to Left on Left foot , step on Right foot beside Left
7-8	Step back on Left foot , flick Right foot forward

RIGHT COASTER STEP , BRUSH ; LEFT STEP-LOCK-STEP , BRUSH

1-2	Step back on Right foot , step on Left foot beside Right
3-4	Step forward on Right foot , brush Left foot forward
5-6	Step forward on Left foot , lock-step Right foot behind Left
7-8	Step forward on Left foot , brush Right foot forward

JAZZBOX with ¼ TURN to RIGHT ; EXTENDED WEAVE

1-2	Cross-step Right foot over Left , step back on Left foot
3-4	Turn ¼ Right stepping forward onto Right foot , cross-step Left foot over Right
5-6	Step to Right on Right foot , cross-step Left foot behind Right
7-8	Step to Right on Right foot , cross-step Left foot over Right