All Day Long

Count: 64 **Wall:** 2 **Level:** Intermediate
Choreographer: Gary Lafferty (UK)
Music: Mr. Mom - Lonestar

RIGHT TOE-STRUT, LEFT TOE-STRUT, KICK-OUT-OUT

1-4 Touch right foot forward, lower right heel to floor ; touch left foot forward, lower left heel
5-8 Kick right foot forward, step to right on right foot, step to left on left foot, hold

SAILOR SCUFF & SAILOR STEP

1-4 Cross-step right foot behind left, step to left on left foot, scuff right forward, step to right on right foot
5-8 Cross-step left foot behind right, step to right on right foot, step to left on left foot, hold

BEHIND-SIDE-FRONT ; LEFT SCISSOR STEP

1-4 Cross-step right foot behind left, step to left on left foot, cross-step right foot over left, hold
5-8 Step to left on left foot, step on right foot beside left, cross-step left foot over right, hold

SIDE, BEHIND, SIDE, IN FRONT, SIDE, HOLD, ROCK STEP

1-4 Step to right on right, cross-step left behind right, step to right on right, cross-step left over right
5-8 Step to right on right, hold, rock left foot behind right, recover weight onto right foot

RUMBA BOX (SIDE, TOGETHER, FORWARD, HOLD ; SIDE, TOGETHER, BACK, HOLD)

1-4 Step to left on left foot, step on right foot beside left, step forward on left foot, hold
5-8 Step to right on right foot, step on left foot beside right, step back on right foot, hold

BACK-LOCK-BACK, KICK ; RIGHT COASTER-CROSS, STEP LEFT

1-4 Step back on left foot, lock-step right foot over left, step back on left foot, kick right forward
5-8 Step back on right foot, step on left foot beside right, cross-step right foot over left, step to left on left foot

ROCK BEHIND & SIDE ; LEFT COASTER STEP

1-4 Rock right foot behind left, recover weight onto left foot, step to right on right foot, hold
5-8 Step back on left foot, step on right foot beside left, step forward on left foot, hold

ROCK FORWARD & BACK & STEP FORWARD, ½ TURN

1-4 Rock forward on right foot, recover weight onto left, rock back on right foot, recover weight onto left
5-8 Step forward on right foot, hold, pivot ½ turn to left, hold

REPEAT

TAG & RESTART

On the third wall, you will do the first 16 counts (up to & incl. The sailor scuff & sailor step) facing the front. You will then do the 4-count tag, and then restart the dance from count 1 (toe-struts) facing the back wall

STEP FORWARD, HOLD, ½ TURN, HOLD

1-4 Step forward on right foot, hold, pivot ½ turn to left, hold