

Country Dance

Count: 64

Wall: 1

Level:

Choreographer: Carol Green (AUS)

Music: Country State Of Mind - Craig Giles



FORWARD HEEL STRUT, TOE STRUT, TOE STRUT, HEEL STRUT

- 1-2 Touch right heel forward, transfer weight to right foot dropping right toe
- 3-4 Touch left toe forward, transfer weight to left foot dropping left heel
- 5-6 Touch right toe forward, transfer weight to right foot dropping right heel
- 7-8 Touch left heel forward, transfer weight to left foot dropping left toe

FORWARD STEP, TAP & CLAP

- 9-10 Step right foot diagonal forward & right, tap left toe behind right heel & clap

DIAGONAL BACK, TOUCH & CLAP; 3 TIMES

- 11-12 Step left foot diagonal back & left, touch right foot to left foot & clap
- 13-14 Step right foot diagonal back & right, touch left to right foot & clap
- 15-16 Repeat beats 11-12

SLOW FORWARD, LOCK; FORWARD, LOCK, FORWARD, BRUSH

- 17-20 Step right foot forward, hold, lock left foot behind right foot, hold
- 21-23 Step right foot forward, lock left foot behind right foot, step right foot forward
- 24 Brush left foot forward past right foot

STEP, TAP; TWICE

- 25-26 Step left foot left, tap right toe behind left foot
- 27-28 Step right foot right, tap left toe behind right foot

SLOW BACK, LOCK; BACK, LOCK, BACK, BRUSH BACK

- 29-32 Step left foot back, hold, lock right foot in front of left foot, hold
- 33-35 Step left foot back, lock right foot in front of left foot, step left foot back
- 36 Brush right foot back past left foot

REVERSE ROCKING CHAIR, BACK ROCK 2, STEP, BRUSH

- 37-40 Rock back right foot, recover left foot, rock forward right foot, recover left foot
- 41-43 Rock back right foot, recover left foot, step forward right foot
- 44 Brush left foot forward past right foot

SLOW BASKETBALL 2 / CLOSE

- 45-48& Step forward left foot, hold, turning ½ right, recover right foot, hold/close left foot to right foot

4 FORWARD KNEE POPS

- 49-52 Bend right knee forward, hold, straighten right knee and bend left knee forward, hold
- 53-56 Repeat beats 49-52

Move slightly forward on each knee pop sliding the foot very slightly

SIDE, TAP, SIDE, TAP, TURNING ¼ LEFT FORWARD, LOCK, FORWARD, BRUSH

- 57-60 Step left foot left, tap right toe behind left foot, step right foot right, tap left toe behind right foot
- 61-63 Turning ¼ left step forward left foot, lock right foot behind left foot, step forward left foot
- 64 Brush right foot forward past left foot

REPEAT
