

Follow Me

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Mark A. Smith (AUS)

Music: Lost In the Shuffle - Michael Peterson



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- | | |
|-------|---|
| 1-2 | Touch right toe straight forward, touch right toe out to right side |
| 3-4 | Pivot ½ turn right on ball of left foot ending weight on right, clap |
| 4-5 | Touch left toe straight forward, touch left toe out to left side |
| 7-8 | Pivot ½ turn left on ball of right foot ending weight on left, clap |
| | |
| &9 | Jump feet apart in place landing right foot first (right-left) |
| 10 | Clap hands |
| &11 | Step left foot in beside right & then touch right toe out to right side |
| 12 | Clap hands |
| &13 | Step left foot in beside right & then touch right toe out to right side |
| &14 | Switch to touch left toe out to left side |
| &15 | Switch to touch right toe out to right side |
| &16 | Touch right toe straight forward |
| | |
| 17 | Touch right toe out to right side |
| 18 | Pivot ½ turn right ending weight on right foot beside left |
| 19 | Touch left toe out to left side |
| &20 | Switch to touch right toe out to right side |
| &21 | Switch to touch left toe out to left side |
| &22 | Switch to touch right toe out to right side |
| 23&24 | Shuffle left leading right foot across in front of left (right-left-right) |
| | |
| 25&26 | Shuffle left leading left (left-right-left) |
| 27 | Rock backwards onto right foot |
| 28 | Rock forward onto left foot |
| 29 | Turn a ¼ turn right as you step forward onto right foot |
| 30 | Hold |
| 31 | Step forward onto left foot |
| 32 | Pivot a ½ turn right ending weight on right foot with a clap |
| 33-40 | Repeat steps 25 to 32 inclusive |
| | |
| &41 | Jump feet apart leading left foot first |
| &42 | Jump feet together leading left foot first |
| 43&44 | Repeat steps &41-&42 |
| 45 | Step backwards onto right foot |
| 46 | Step backwards onto left foot |
| 47 | Step backwards onto right foot |
| &48 | Ball change (left-right) |
| | |
| 49 | Step forward onto left foot |
| 50 | Step forward onto right foot |
| 51 | Pivot ½ turn right on ball of right foot as you scuff your left foot forward thru |
| 52 | Tap left toe straight behind |
| 53&54 | Shuffle forward leading left (left-right-left) |
| 55 | Step forward onto right foot |
| 56 | Rock backwards onto left foot |

&57	Jump feet apart leading right (right-left)
58	Clap
&59	Jump feet together leading right (right-left)
60	Clap
&61	Jump feet apart leading right (right-left)
&62	Jump feet together leading right (right-left)
&63&64	Repeat steps &61&62

REPEAT
