Forever And A Day

Count: 68 **Wall:** 2 **Level:** Intermediate
Choreographer: Pat Stott (UK)
Music: Angel - Lionel Richie

ROCK STEP, CROSS SHUFFLE TWICE

1-2	Rock right to side, recover to left
3&4	Cross right over left, step left to side, cross right over left
5-6	Rock left to side, recover to right
7&8	Cross left over right, step right to side, cross left over right

SIDE, BEHIND, CHASSE TURN ¼ RIGHT, PIVOT TURN ½ RIGHT, WALK TWICE

9-10	Step right to side, cross left behind right
11&12	Step right to side, step left together, turn ¼ right and step right forward
13-14	Step left forward, turn ½ right (weight to right)
15-16	Step left forward, step right forward

PIVOT FULL TURN, SYNCOPATED LOCK STEPS

17-18	Step left forward, spiral turn a full turn right

Snap fingers

19&	Step right forward, lock left behind right
20&	Step right forward, lock left behind right
21-22	Step right forward, clap
&23	Lock left behind right, step right forward
&24	Lock left behind right, step right forward

ROCK STEP, TRIPLE FULL TURN LEFT, ROCK STEP, PIVOT TURN ½, WALK TWICE

25-26	Rock left forward, recover to right
27&28	Triple in place turning a full turn left stepping left, right, left

On steps 27&28 the full turn can be replaced with a coaster step

29-30	Rock right forward, recover to left
31-32	Turn ½ right and step right forward, step left forward

ROCK STEP, COASTER STEP TWICE

33-34	Rock right forward, recover to left
35&36	Step right back, step left together, step right forward
37-38	Rock left forward, recover to right
39&40	Step left back, step right together, step left forward

ROCK, STEP, BEHIND & CROSS TWICE

41-42	Rock right to side, recover on left
43&44	Cross right behind left, step left to side, cross right over left
45-46	Rock left to side, recover on right
47&48	Cross left behind right, step right to side, cross left over right

TURN ¼ RIGHT, SHUFFLE TURN ½, TURN ½ RIGHT, SHUFFLE, TURN ½ LEFT

49-50	Turn ¼ right over 2 counts (weight to right)
51&52	Turn ½ left and shuffle LEFT FORWARD, right left
53-56	Repeat 49-52

ROCK STEP, TRIPLE TURN ½ RIGHT, TOUCH & CROSS

57-58	Rock right forward, recover to left

59&60	Triple in place turning ½ right and step right, left, right
61-62	Touch left toe to side, cross left over right
63-64	Touch right toe to side, cross/touch right toe over left
65-66	Touch right toe to side, cross right over left
67-68	Touch left toe to side, cross left over right

REPEAT
