

Fly Like A Bird (2003)

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Intermediate/Advanced

Choreographer: Chris Godden (UK)

Music: Gossip Folks (Fatboy Slim Mix Radio Edit) - Missy Elliot



- | | |
|-----|--|
| 1,2 | Cross left over right (with right hand on left hip and left hand out to left side with palm facing forward), kick right foot out to right (switch hands) |
| 3&4 | Hitch right while swinging right foot left right left (leaving left hand on right hip bringing right palm to side of head) |
| 5&6 | Step back right, close left to right step forward right |
| 7&8 | Hold, pivot ½ turn left taking weight onto left |
| | |
| 1,2 | Forward right, forward left |
| 3&4 | Flick right foot back, hitch right with ½ turn right on ball of left, step forward on right |
| 5&6 | Touch left toe next to right, step left next to right, step forward on right |
| 7&8 | Hitch left taking ¼ turn on ball of right (twist body to left to gain torque), pivot ½ turn left on ball of right (twisting body to right to help turn) |
| | |
| 1,2 | Forward left, forward right |
| 3,4 | Touch left toe forward, step back on left |
| 5,6 | Touch right toe back, ½ turn right taking weight on right |
| 7,8 | Skate diagonally forward left, right |
| | |
| 1,2 | Dip left knee to right leg, roll left knee out taking ¼ left leaving weight on right |
| 3,4 | Bend knees while rolling right shoulder up & back, straighten knees rolling left shoulder up & back |
| 5&6 | Touch right toe forward bumping hips forward back forward taking weight onto right (shaking right shoulder down up down) |
| 7&8 | Turn ¼ right on ball of right touching left to left side, turn ¼ right hitching left knee, turn ¼ right on ball of right touching left to left side |

REPEAT

TAG: After 3rd wall, repeat 4 times to make 1 complete turn

- | | |
|-----|--|
| 12 | Forward left, touch right besides left with right knee turned in |
| 3&4 | Swing right knee right-left-right while turning ¼ right taking weight onto right |

On next wall replace last 4 counts with 1 ¼ paddle turn left flapping arms like a bird (step right next left on count 8)