A Single Moment

Count: 48 **Wall:** 4 **Level:** Intermediate / Advanced
Choreographer: Aiden Montgomery (UK)
Music: Couldn't Last a Moment - Collin Raye

SIDE, SLIDE, AND CROSS, ¼ TURN, BUMPS X4

1-2	Step right to right side, slide left towards right (don't slide all the way together)
&-3	Step left foot back, cross right over left
4	Step left to left side making ¼ turn left
5&	Touch right toe forward bumping hips forward, bump hips back
6&	Bump hips forward, bump hips back
7&	Bump hips forward, bump hips back
8	Bump hips forward

ROCK, RECOVER, BACK, LOCK, BACK, SWEEP ½ TURN RIGHT, STEP, LOCK, STEP

1-2	Rock left foot forward, recover weight to right
3&4	Step left foot back, lock right over left, step left foot back
5-6	Sweep right foot ½ turn right, weight ending up on right foot
7&8	Step left foot forward, lock right behind left, step left foot forward

ROCK, RECOVER, BACK, LOCK, BACK, SWEEP ½ TURN LEFT, TOUCH FORWARD, SIDE

1-2	Rock right foot forward, recover weight to left
3&4	Step right foot back, lock left over right, step right foot back
5-6	Sweep left foot ½ turn left, weight ending up on left foot
7-8	Touch right toe forward, touch right toe to right side

SAILOR TURN ¼ RIGHT, TOUCH FORWARD, SIDE, SAILOR TURN ¼ LEFT, ROCK RECOVER

1&2	Cross right behind left, step left to left side, step right to right side making ¼ turn right
3-4	Touch left toe forward, touch left toe to left side
5&6	Cross left behind right, step right to right side, step left to left side making ¼ turn left
7-8	Rock forward on right, recover weight to left

½ TURN RIGHT, LEFT, RIGHT, ROCK AND RECOVER, TOUCH ¼ TURN, CROSS SHUFFLE

1&2	½ turn right, stepping right left right

Optional 1 ½ turn right on right left right

3&4	Rock left forward, recover weight to right, step left foot back
5-6	Touch right toe back, ¼ turn right weight remaining on left
7&8	Cross right over left, step left to left side, cross right over left

STEP BACK, SIDE, FORWARD, STEP, LOCK, STEP ¼ TURN RIGHT, SIDE, BEHIND, SIDE, IN FRONT, SIDE, ROCK, RECOVER

1-2	Step left foot back, step right to right side
3	Step left foot forward
4&5	Step right foot forward, lock left behind right, step right foot forward turning ¼ right
&6&	Step left to left side, cross right behind left, step left to left side
7&	Cross right over left, step left to left side
8&	Rock back on right foot, recover weight to left

REPEAT