Pump It

Count: 48 **Wall:** 2 **Level:** Advanced
Choreographer: Masters In Line (UK)
Music: Pump It - Black Eyed Peas

WALK WALK, BALL CHANGE, HITCH, SLIDE BACK, BALL CHANGE, STEP FORWARD

1-2	Step forward on right, step forward on left
&3	Rock back on ball of right, recover weight forward onto left
4	Hitch right knee
5-6	Take big step back on right, slide left to right (no weight change)
&7	Step left next to right, step forward on right
8	Step forward on left

3 TOUCH TURNS LEFT, SHOULDERS TURN, 2 TOUCH TURNS BACK RIGHT, SWIVET

The touch turns are done as more of a strong step, like a chug round almost a dragging action

1-2	Make ¼ turn left stepping right out to right side, make ¼ turn left stepping right to right side
3-4	Make ¼ turn left stepping right out to right side, shoulder lift and turn upper body to face front
5-6	Make 1/8 turn right stepping right out to right side, make 1/8 turn right stepping right out to right side
7	With weight on right heel & left toe, twist right toes to right & left heels to left
8	Return feet back to center

HITCH, DOWN, HITCH WITH KNEE ROLL, TOUCH STEP BACK, TOUCH STEP BACK

1&2	Hitch right knee beside left, straighten right knee next to left, swing right leg out to right side bending left knee

Weight remains on left through these 2 counts

&3	Bring right leg back in towards left, hitch right knee as it circles to the right from hip
4	Step right to right side
5-6	Touch left next to right, step diagonally back on left
7-8	Touch right next to left, step diagonally back on right

3 WALKS BACK, HOLD (OR SHOULDER SHRUG), 2 BALL CHANGES, HITCH, SWING LEG BACK

1-2	Step diagonally back on left, step diagonally back on right
3-4	Step diagonally back on left, hold on count 4 or shrug shoulders up then down

These 3 walks are strong funky steps, for styling angle shoulders towards diagonals (left, right left)

&5	Rock back on ball of right, recover weight forward onto left
&6	Rock back on ball of right, recover weight forward onto left

For styling on ball changes bend knees a little, keep upper body weight forward

7-8	Hitch right knee, swing right leg back behind you keeping weight on left

HOP WITH SCOOT, CROSS, KICK HOOK, STEP LEFT, SHOULDER DIPS, FULL TURN LEFT

1-2	Hop on left scooting slightly back as right leg swings around to front, cross right over left
3-4	Kick left to left diagonal, hook left in front of right shin
5	Step left to left side with bent knee - hands are in fists in front of chest with elbows out to sides, drop left elbow down as right goes up
6	Feet remain in place, drop right elbow as left elbow raises up
7-8	Make ½ turn left stepping right to right side, make ½ turn left stepping left to left side

Counts 7-8 is a 2 count full turn like a rolling grapevine
Alternate: as an easy alternative to the fast turn on 7-8:

7	Cross right over left
8	Step left to left side

HEEL GRIND, BALL CROSS, TOUCH, BACK, SWEEP, BALL CHANGE, WALK

1-2	Cross right heel over left grinding into floor, step left to left side
&3-4	Step in place with right, cross left over right, touch right to right side
5-6	Cross right behind left, sweep left foot around to back (weight stays on right)
&7	Rock back on ball of left, recover weight forward onto right
8	Step forward on left

REPEAT
