Sista Claps

Count: 32 **Wall:** 2 **Level:** Intermediate

Choreographer: Mark Furnell (UK), Chris Godden (UK), Esmeralda van de Pol (NL), Dee Musk (UK), Marlon Ronkes (NL) & Romain Brasme (FR) - October 2026

Music: Sista claps - DJ Dance One

Intro: 32 Counts, Start at approx 21 secs
Note: Before you start pick a "Partner" and "Friend" of the people beside you

SEC 1 Claps, Samba Whisk, ⅛ Vine

1-2	Clap one hand with partner, clap hands
3-4	Clap one hand with friend, clap hands

Restart/Repeat Repeat these 4 counts at the beginning of Wall 6

5a6	Step right to right, step left behind right, cross right over left
7a8	Step left to left, step right behind left, turn ⅛ left step left forward (10:30)

SEC 2 Walk, Walk, Kick Back Touch, ⅜ Diamond

1-2	Step right forward, step left forward
3&4	Kick right forward, step right back, touch left forward sitting back onto right
5&6	Step left forward, turn ⅛ left step right to right, turn ⅛ left step left back (7:30)
7&8	Step right back, turn ⅛ left step left to left, step right beside left (6:00)

Restart Here on Wall 8

SEC 3 Walk X3, Out, Out, Hip Bump, Hip Roll

1-2	Step left forward clap hands low, step right forward clap hands at midriff
3-4	Step left forward clap hands at shoulder height, touch right beside left click fingers at shoulder height

Restart Here on Wall 2

&5-6	Step right to right, step left to left, bump hips left
7&	Push hips back to left diagonal, push hips back to right diagonal
8&	Push hips forward to right diagonal, push hips left

SEC 4 Back, Touch, Back, Touch, ½ Sailor Step, ½ Hinge

1-2	Step right back, touch left forward

Styling: Roll body down

3-4	Step left back, touch right forward

Styling: Roll body down

5&6	Step right behind left, turn ¼ right step left to left, turn ¼ right cross right over left (12:00)
7-8	Turn ¼ right step left back, turn ¼ right step right to right (6:00)

Ending After 16 counts of Wall 11, ½ Left Walk around L R L, Side R with snaps

Last Update: 12 Nov 2026