Feel This Way

Count: 56 **Wall:** 2 **Level:** Intermediate

Choreographer: Jonas Dahlgren (SWE), Hayley Wheatley (UK), Daniel Trepat (NL) & Chloé Ourties (FR) - October 2026

Music: Feel This Way - Martin Andrew Lowery

Intro: 32 counts, Start on vocals

Tag end of walls 1 & 4 Repeat last 8 counts (TimeSteps & Sways)
Restart on Wall 3 after 16 counts (facing 6:00)

[1-8] Side L, Together, L Shuffle Fwd, Rock, Recover, Shuffle ½ right

1,2	Step Side L (1), Step R next to L (2),
3&4	Step Fwd L (3), Step R next to L (&), Step Fwd L (4)
5,6	Rock Fwd R (5), Recover on L (6)
7&8	¼ right Step Side R (7), Step L next to R (&), ¼ right Fwd R (8) [6:00]

[9-16] ¼ right Side L, Behind, L Side Chasse, R Cross Rock Side, L Cross Rock

1,2	¼ right Step Side L (1), Step R behind L (2) [9:00]
3&4	Step Side L (3), Step R next to L (&), Step Side L (4)
5,6&	Cross Rock R over L (5), Recover on L (6), Step Side R (&)
7,8	Cross Rock L over R (7), Recover on R (8),

Restart: *Wall 3 ¼ left to restart dance facing 6:00

[17-24] L Back Rock, Recover, Triple ½ right, R Back Rock, Recover, Triple ½ left

1,2	Rock Back L (1), Recover on R (2)
3&4	¼ right Step Side L (3), Step R next to L (&), ¼ right Step Back L (4) [3:00]
5,6	Rock Back R (5), Recover on L (6)
7&8	¼ left Step Side R (7), Step L next to R (&), ¼ left Step Back R (8) [9:00]

[25-32] ¼ left Side L, R Drag, Ball Cross L, Point R, R Sailor, L Sailor ¼ left

1,2	¼ left Step Side L (1), Drag R towards L (2) [6:00]
&3,4	Step R next to L (&), Cross L over R (3), Point R out to right side (4)
5&6	Cross R behind L (5), Step Side L (&), Step Side R (6)
7&8	Cross L behind R (7), ¼ left Step Side R (&), Step Side L (8) [3:00]

[33-40] R Step, Lock, R Fwd Shuffle, Rock L, Recover, L Back Shuffle

1,2	Step Fwd R (1), Lock L behind R (2)
3&4	Step Fwd R (3), Step L next to R (&), Step Fwd R (4)
5,6	Rock Fwd L (5), Recover on R (6)
7&8	Step Back L (7), Step R next to L (&), Step Back L (8)

[41-48] ½ ½ right, ¼ right, Brush L, Jazz Box Cross

1,2	½ right Step Fwd R (1), ½ right Back L (2)
3,4	¼ right Step Side R (3), Brush L across R (4) [6:00]
5-8	Cross L over R (5), Step Back R (6), Step Side L (7), Cross R over L (8)

[49-56] Time Steps left & Right, Sway LRLR

1,2&	Step Side L (1), Step R next to L (2), Step L next to R (&)
3,4&	Step Side R (3), Step L next to R (4), Step R next to L (&)
5-8	Sway to left (5), Sway to right (6),Sway to left (7), Sway to right (8)

TAG: Repeat last 8 counts at end of wall 1 (facing 6:00) & end of wall 4 (facing 12:00)

End Of Dance :)