Dance Alone

Count: 32 **Wall:** 4 **Level:** Improver
Choreographer: Ben Murphy (DE) - October 2026
Music: Dance Alone - Conor Maynard

Intro: 32 counts

Section 1: Side, Hold, Close, Side, 1/4 Knee Pop, Coaster Step, Kick-Ball-Step

1 2 & 3	RF step to right side (1) - Hold (2) - LF close to RF (&) - RF step to right side (3)
4	Pop both knees, twist both heels, turn 1/4 to left facing 09:00, end with weight on RF
5 & 6	LF step bwd (5) - RF close to LF (&) - LF step fwd (6)
7 & 8	RF kick (7) - place Rf under body (&) - LF step fwd (8)

Section 2: 1/2 Chasse Turn, 1/4 Chasse Turn, Kick, Point Back, Transfer Weight with Body Rotation, Recover

1 & 2	1/4 to left, RF step to right side facing 06:00 (1) - LF closes to RF (&) - 1/4 to left, RF back facing 03:00 (2)
3 & 4	LF step to left side (3) - RF close to LF (&) - 1/4 to left, LF step fwd facing 12:00 (7)
5 6	RF kick (5) - RF point bwd (6)
7 8	Transfer weight to RF, rotate upper body to right (7) - Transfer weight to LF, rotate upper body back to 12:00

Section 3: Close, Step, Hold, Close, Step, Scuff, Pivot, Chasse

& 1 2	RF close to LF (&) - LF step fwd (1) - Hold (2)
& 3 4	RF close to LF (&) - LF step fwd (3) - RF scuff (4)
5 6	1/2 turn to left, RF step fwd facing 06:00 (5) - LF step fwd (6)
7 & 8	RF step fwd (7) - LF close to RF (&) - RF step fwd (8)

Section 4: 1/2 Right, Back, Coaster Step, Camel Walks

1 2	1/2 turn to right, LF step fwd facing 12:00 (1) - RF step back (2)
3 & 4	LF step bwd (3) - RF close to LF (&) - LF step fwd (4)
5 6	RF step fwd popping left knee fwd (5) - LF step fwd popping right knee fwd (6)
7 8	RF step fwd popping left knee fwd (7) - LF step fwd popping right knee fwd, Turn 1/4 to left at end of last step and start the second wall facing 09:00 (8)

Tag after wall 4: Rocking Chair

1 2	RF rock fwd still facing 03:00 (1) - LF recover (2)
3 4	RF rock fwd (3) - LF recov

Thank you for checking out my choreography! Feel free to add your own style and flavor!