

Kinda Love It

Count: 64

Wall: 2

Level: Easy Intermediate

Choreographer: Maggie Gallagher (UK) - October 2026

Music: Kinda Love It - Lainey Wilson



Intro: 32 counts (14 secs approx.)

S1: BACK, TOUCH, WALK, ¼ SIDE, BACK ROCK, RECOVER, L CHASSE

1-2 Step back on right angling body to [1:30], Touch left next to right

Styling note: On count 1, raise right arm and swing from left to right, then lower on count 2

3-4 Walk forward on left straightening to [12:00], ¼ left stepping right to right side [9:00]

5-6 Rock back on left crossing left behind right, Recover on right

7&8 Step left to left side, Step right next to left, Step left to left side

S2: BACK ROCK, RECOVER, SIDE, DRAG, BEHIND, SIDE, CROSS, SWEEP

1-2 Rock back on right crossing right behind left, Recover on left

3-4 Long step on right to right side, Drag left to meet right

5-6 Cross left behind right, Step right to right side

7-8 Cross left over right, Ronde sweep right around from back to front

S3: CROSS, BACK, BACK, CROSS, BACK, ½ L, STEP, ¼ PIVOT L

1-2 Cross right over left, Step back on left on slight diagonal [10:30]

3-4 Step diagonally back on right, Cross left over right [10:30]

5-6 Step back on right straightening to [9:00], ½ left stepping forward on left [3:00]

7-8 Step forward on right, Pivot ¼ left [12:00]

S4: R ROCKING CHAIR, HIP BUMPS R-L-R-L

1-2 Rock forward on right, Recover back on left

3-4 Rock back on right. Recover forward on left

5-6 Step right to right side bumping hips right, Bump hips left

7-8 Bump hips right, Bump hips left

Styling note: On counts 5-6-7-8, wave both arms right, left, right, left

Tag & Restart here on Wall 6 facing [6:00]

S5: ¼ MONTEREY TURN R, ½ MONTEREY TURN R

1-2 Point right to right side, ¼ right stepping right next to left [3:00]

3-4 Point left to left side, Step left next to right

5-6 Point right to right side, ½ right stepping right next to left [9:00]

7-8 Point left to left side, Step left next to right

S6: R SHUFFLE, STEP, ½ PIVOT, L SHUFFLE, FULL TURN L

1&2 Step forward on right, Step left next to right, Step forward on right

3-4 Step forward on left, Pivot ½ right [3:00]

5&6 Step forward on left, Step right next to left, Step forward on left

7-8 ½ left stepping back on right, ½ left stepping forward on left [3:00]

Alternative steps to replace the full turn: Walk forward on right (7), Walk forward on left (8)

S7: SIDE ROCK, RECOVER, CROSS, HOLD/CLAP, SIDE ROCK, RECOVER ¼ R, WALK, SCUFF

1-2 Rock right to right side, Recover on left

3-4 Cross right over left, HOLD/Clap

5-6 Rock left to left side, ¼ right recovering on right [6:00]

7-8 Walk forward on left. Scuff right forward to [7:00]

S8: WALK, HITCH, BACK, TOUCH, BACK, HOOK, STEP, TOUCH

- 1-2 Walk forward on right to right diagonal [7:00], Hitch left knee up and slightly across right
- 3-4 Step back on left facing [7:00], Touch right next to left
- 5-6 Step back on right straightening to [6:00], Hook left across right
- 7-8 Step forward on left, Touch right next to left [6:00]

TAG: At the end of Wall 2, facing [12:00], dance the 2 count Tag:

- 1-2 Step right to right side bumping hips right, Bump hips left

Styling note: Wave both arms right (1) then left (2)

TAG & RESTART:

After 32 counts of Wall 6, dance the 2 count tag, then restart the dance from the beginning facing [6:00]

ENDING: The dance finishes after 32 counts of Wall 8, facing [12:00]

Thank you to Jane Kenrick for suggesting this track

This dance is dedicated to Ann, Sharon, Nina, Lorna & Amanda - the A-Team!

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