

Love Flows

Count: 32

Wall: 4

Level: Beginner

Choreographer: Maggie Gallagher (UK) & Gary O'Reilly (IRE) - September 2026

Music: Let Your Love Flow - Outliers : (iTunes & Amazon)



8 count intro

Thank you so much to Tracey Keqa for suggesting the music.

Section 1: SHUFFLE FWD, FWD ROCK, SHUFFLE BACK, BACK ROCK

- 1 & 2 Step forward on R (1), step L next to R (&), step forward on R (2)
- 3 4 Rock forward on L (3), recover on R (4)
- 5 & 6 Step back on L (5), step R next to L (&), step back on L (6)
- 7 8 Rock back on R (7), recover on L (8)

Section 2: STOMP, SWIVEL, SWIVEL, STOMP, POINT SIDE, POINT FRONT, POINT SIDE, FLICK

- 1 2 Stomp R forward on R diagonal (1), swivel L heel in toward R (2)
- 3 4 Swivel L toe in toward R (3), stomp L next to R (4)
- 5 6 Point R to R side (5), point R forward (6)
- 7 8 Point R to R side (7), flick R up behind L (8)

Section 3: CHASSE R, BACK ROCK, CHASSE L, BACK ROCK

- 1 & 2 Step R to R side (1), step L next to R (&), step R to R side (2)
- 3 4 Rock back on L (3), recover on R (4)
- 5 & 6 Step L to L side (5), step R next to L (&), step L to L side (6)
- 7 8 Rock back on R (7), recover on L (8)

Section 4: MONTEREY 1/4 R, HEEL & HEEL & HEEL, CLAP TWICE

- 1 2 Point R to R side (1), 1/4 R on ball of L stepping R next to L (2) (3:00)
- 3 4 Point L to L side (3), step L next to R (4)
- 5&6& Touch R heel forward (5), step R next to L (&), touch L heel forward (6), step L next to R (&)
- 7 & 8 Touch R heel forward (7), clap (&), clap (8)

ENDING: Dance 32 counts of Wall 8 to finish the dance facing (12:00).

Contact:

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