

# Pants on Fire

**Count:** 32

**Wall:** 2

**Level:** Intermediate

**Choreographer:** Simon Ward (AUS) & Niels Poulsen (DK) - October 2026

**Music:** Makin' Me A Liar - Kameron Marlowe



**Intro:** 16 counts from first beat in music. App. 10 secs. into track. Start with weight on L  
**1 easy restart:** On wall 4 (starting at 6:00). Restart after 8 counts, facing 12:00

**[1 – 9] Fwd R, step ½ R, L step lock step, rock R fwd, recover L sweep R, behind 1/8 fwd R**

- 1 – 3 Step R fwd (1), step L fwd (2), turn ½ R stepping onto R (3) 6:00
- 4&5 Step L fwd (4), lock R behind L (&), step L fwd (5) 6:00
- 6 – 7 Rock R fwd (6), recover on L sweeping R to R side (7) 6:00
- 8&1 Cross R behind L (8), turn 1/8 L stepping L to L side (&), step R fwd (1) 4:30

**[10 – 16] Step ½ R, full turn R, walk L fwd, R mambo step fwd**

- 2 – 3 Step L fwd (2), turn ½ R stepping onto R (3) 10:30
- 4 – 5 Turn ½ R stepping back on L swinging R leg up (4), turn ½ R stepping R fwd (5) 10:30
- 6 Walk fwd on L (6) 10:30
- 7&8 Rock R fwd (7), recover back on L (&), step back on R grinding L toes out L (1) 10:30

**[17 – 23] Walk back LR with heel grinds, L coaster step, walk R fwd, step ½ R**

- 1 – 2 Walk back L grinding R toes out R (1), walk back R grinding L toes out L (2) 10:30
- 3&4 Step back on L (3), step R next to L (&), step fwd on L (4) 10:30
- 5 - 6 - 7 Walk fwd on R (5), step L fwd (6), turn ½ R stepping onto R (7) 4:30

**[24 – 32] L samba step, samba diamond 3/8 R, R side rock ¼ L, R step lock fwd**

- 8&1 Cross L over R (8), rock R to R side (&), recover on L (1) 4:30
- 2&3 Cross R over L (2), turn 1/8 R stepping L to L side (&), turn 1/8 R stepping back on R (3) 7:30
- 4&5 Step back on L (4), turn 1/8 R stepping R to R side (&), cross L over R (5) 9:00
- 6 – 7 Rock R to R side (6), turn ¼ L stepping onto L (7) 6:00
- 8& Step R fwd (8), lock L behind R (&) 6:00

## START AGAIN

### Restart

On wall 4 (starts facing 6:00). Do the first 6 counts, now facing 12:00. When recovering on L leave out the sweep and replace the behind 1/8 L fwd with a R coaster step on (8&1).

Count 1 of the coaster step is your first step of wall 4 - 12:00

**Ending Wall 10 is your last wall (starts facing 6:00). Finish dance with the last R step lock facing the front ... 12:00**