

Are You Ready

Count: 32

Wall: 4

Level: High Improver

Choreographer: Mark Furnell (UK), Chris Godden (UK) & Rebecca Lee (MY) - September 2026

Music: Are You Ready - SOHO Blues Band



Intro: 16 Counts, Start at approx 7 secs

SEC 1 Walk, Walk, Step, ½ Pivot, Step, Step Sweep, Cross, Side

- 1-2 Step right forward, step left forward
- 3&4 Step right forward, pivot ½ left transferring weight onto left, step right forward (6:00)
- 5-6 Step left forward sweeping right from back to front
- 7-8 Cross right over left, step left to left

SEC 2 Sailor Heel, Ball Cross Shuffle, ¼ Hip Bumps, ½ Hip Bumps

- 1&2 Step right behind left, step left to left, touch right heel forward to right diagonal
- &3&4 Step right beside left, cross left over right, step right beside left, cross left over right
- 5&6 Step right to right bumping hips R-L-R while making ¼ turn L (3:00)
- 7&8 Step left to Left bump hips L-R-L while making ½ turn L (9:00)

Restart Here on Walls 2 and 5

SEC 3 Mambo Step, Back, Back, ¼ Sailor Step, Hold, Ball Side, Touch Behind

- 1&2 Rock right forward, recover weight on to left, step right back swivelling left toe left
- 3 Step left back swivelling right toe right
- 4&5 Step right behind left, turn ¼ left step left to left, step right to right (6:00)
- 6&7 Hold, step left beside right, step right to right
- 8 Touch left behind right

SEC 4 Point, Touch Behind, Hitch, Ball Cross, ¼ Step, ½ Back, Coater Heel Ball

- 1-2 Point left to left, touch left behind right
- 3&4 Hitch left, step left beside right, cross right over left
- 5-6 Turn ¼ left step left forward, turn ½ left step right back (9:00)
- 7&8& Step left back, step right beside left, touch left heel forward, step left beside right

Tag At the end of Wall 10

V-Step, Point & Point

- 1& Step right forward to right diagonal, step left to left
- 2& Step right back, step left beside right
- 3&4& Point right to right, close right to left, point left to side, close left to right.

Last Update: 2 Oct 2026