

Sio Mama 2026

Count: 32

Wall: 4

Level: Intermediate

Choreographer: Jendry Simbawa (INA) & Stella Adam (INA) - August 2026

Music: Lagu Sedih - SIO MAMA - Cover Terbaru



Intro : 32 Count, Start at Approx 30 Second

I. FORWARD AND SWEEP, CROSS OVER, SIDE, BACK , STEP BACKWARD SWEEP L-R, CROSS BEHIND L, SIDE R, CROSS OVER R - HITCH R, CROSS BEHIND R, SIDE L, CROSS OVER L - HITCH L, TOUCH

- 1 - 2& Step LF forward and sweep Rf from back to front, Cross Rf over Lf, Step Lf to Left side
- 3 ,4,5& Step back on Rf and Sweep Lf from front to back, Step back on Lf, Step to side Rf over Lf , Cross over Lf over Rf, Hitch Rf Diagonally to right
- 6 & 7& Step Rf behind Lf Step Lf beside Rf, Step Rf forward, Hitch Lf Diagonally to left
- 8 & Step Lf Cross behind Rf , Touch Rf beside Lf

II. STEP A SIDE, SWEEP, 3/4 DIAMOND, FULL TURN, RECOVER

- 1 - 2& Step Rf to right side - 1/8 Sweep Lf from Left side over right , Cross Lf In Front of Lf, Step Rf Behind Lf (13.30)
- 3 - 4& Step Lf to back (12.00), Step Rf 1/8 to Left, Step Lf In Front of Rf (10.30)
- 5 - 6 1/8 Step Rf forward, Step back on Lf (09.00)
- 7 - 8& Full turn to right side and Hitch Lf during turn (15.00), Step down Lf forward, Touch Rf beside LF

III. NIGHT CLUB, STEP, FULL TURN, HALF DIAMOND,

- 1 - 2& Step Rf to right side, Step Lf slightly behind Rf, Cross Rf over Lf
- 3, 4, 5 1/8 Step Lf to left side (01.30), Turn 1/2 Step Lf to left side (07.30)
- 6 & 7 Cross Rf Over Lf, Step Lf behind Rf, Step Rf behind Lf
- 8 & 1/8 Step Lf to right (09.00), Tap Rf together with Lf

IV. STEP FORWARD, FULL TURN, STEP FORWARD, FULL TURN, STEP FORWARD, PIVOT 1/2, STEP FORWARD, FULL TURN

- 1 - 2& Step LF forward, Full Turn to Left
- 3 - 4& Step Rf Forward, Full Turn to Right
- 5 - 6& Step Lf forward, Step Rf Forward, Turn 1/2 to Left
- 7 - 8& Step Rf forward, Full Turn to Right

Enjoy the dance

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