

Lala Baby

Count: 32

Wall: 4

Level: Improver

Choreographer: Martin Humphrey (UK) - September 2026

Music: Ooh La La Baby Dolls (MERENGUE) - DJAYP REMIX



32 COUNT INTRO / 1 RESTART

OPTIONAL INTRO AFTER 36 COUNTS:

S1: CROSS, POINT, CROSS, POINT, PIVOT 1/2, WALK, WALK

- 1 2 Cross right over left, point left to left side
- 3 4 Cross left over right, point right to right side
- 5 6 Step right forward, pivot 1/2 turn left
- 7 8 Walk forward right, walk forward left

S2: CROSS, POINT, CROSS, POINT, PIVOT 1/2 WALK WALK

- 1 2 Cross right over left, point left to left side
- 3 4 Cross left over right, point right to right side
- 5 6 Step right forward, pivot 1/2 turn left
- 7 8 Walk forward right, walk forward left

S3: STEP, KICK, BACK, TOUCH, STEP, KICK, BACK, TOUCH

- 1 2 Step right forward, kick left forward
- 3 4 Step left back, touch right beside left
- 5 6 Step right forward, kick left forward
- 7 8 Step left back, touch right beside left

S4: WALK, WALK, WALK, HITCH, BACK, BACK, BACK, TOUCH

- 1 2 Walk forward right, walk forward left
- 3 4 Walk forward right, hitch left knee
- 5 6 Step left back, step right back
- 7 8 Step left back, touch right beside left

MAIN DANCE

S1: R SIDE ROCK/RECOVER, CROSS SHUFFLE, L SIDE ROCK/RECOVER CROSS SHUFFLE

- 1 2 Rock right to right side, recover weight onto left
- 3&4 Cross right over left, step left to left side, cross right over left
- 5 6 Rock left to left side, recover weight onto right
- 7&8 Cross left over right, step right to right side, cross left over right

S2: POINT, HOLD, POINT, HOLD, 1/4 TURN JAZZ BOX CROSS

- 1 2 Point right toe to right side, hold
- &3 4 Step right beside left, point left toe to left side, hold
- &5 6 Step left beside right, cross right over left, step left back
- 7 8 Turn 1/4 right stepping right to right side, cross left over right

S3: R SIDE CHASSE, L BACK ROCK/RECOVER, L SIDE CHASSE, R BACK ROCK/RECOVER

- 1&2 Step right to right side, step left beside right, step right to right side
- 3 4 Rock left back, recover weight onto right
- 5&6 Step left to left side, step right beside left, step left to left side
- 7 8 Rock right back, recover weight onto left RESTART HERE ON WALL 8

S4: JAZZ JUMP, CLAP, JAZZ JUMP BACK, DOUBLE CLAP, SWAYS

&1 2 Jump forward right, left, clap
&3&4 Jump back right, left, 2 claps
5 6 Sway right, sway left
7 8 Sway right, sway left
(Optional styling: Add figure 8 hips during the sways)

At the end of wall 12 (final wall) facing the front, add the following:
Right Rocking chair followed by a right stomp forward, throw both hands out for a big finishing pose.

ENDING - BIG FINISH

1 2 Rock right forward, recover weight onto left
3 4 rock right back, recover weight onto left
5 Stomp right forward

Have fun!

Last Update: 8 Sep 2026
