

Watch Me Cook

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Dustin Valcalda (USA) & Sierra Gil (USA) - September 2026

Music: COOK - SOFI TUKKER & J Balvin

or: Barthelona - SOFI TUKKER



No Tags and No Restarts!

32 Count Intro for "COOK" / 16 Count Intro for "Barthelona" - Weight Starts Left Foot

[1-8] Toe Strut, Toe Strut, ¼ Pivot Turn, ¼ Pivot Turn

- 1-2 Touch R toe forward, Step onto RF (12:00)
- 3-4 Touch L toe forward, Step onto LF (12:00)
- 5-6 Step RF slightly in front of LF, Pivot ¼ L with weight ending on LF. As you are pivoting, place your left hand out in front of you with palm facing upward, and do a stirring motion with your right hand over your left hand. (9:00)
- 7-8 Step RF slightly in front of LF, Pivot ¼ L with weight ending on LF. As you are pivoting, place your left hand out in front of you with palm facing upward, and do a stirring motion with your right hand over your left hand. (6:00)

Styling Note: Do Strut Bumps in place of Toe Struts for (1&2, 3&4)

[9-16] R Heel, L Heel, R Heel, Clap, R Point, L Point, R Point, Clap

- 1&2& Touch R Heel forward, Ball RF next to LF, Touch L Heel forward, Ball LF next to RF (6:00)
- 3-4 Touch R Heel forward, Clap (6:00)
- 5&6& Point RF to R side, Ball RF next to LF, Point LF to L side, Ball LF next to RF (6:00)
- 7-8 Point RF to R side, Clap (6:00)

[17-24] Cross Behind, Point, Cross, Point, ¼ R Jazz Box w/ Cross

- 1-2 Cross RF behind LF, Point LF to L side (6:00)
- 3-4 Cross LF in front of RF, Point RF to R side (6:00)
- 5-6 Cross RF over LF, Step LF diagonal back with ⅛ turn R (7:30)
- 7-8 Step RF to R side with ⅛ turn R, Cross LF over RF (9:00)

[25-32] R Hip Bumps x3, L Hitch, L Hip Bumps x3, R Hitch

- 1-2 Step RF to R side while bumping R hip to R side, Bump R hip to R side (9:00)
- 3-4 Bump R hip to R side ending weight on RF, Hitch L leg (9:00)
- 5-6 Step LF to L side while bumping L hip to L side, Bump L hip to L side (9:00)
- 7-8 Bump L hip to L side ending weight on LF, Hitch R leg (9:00)

Note: For simplicity, you can do touches instead of hitches on counts 4 and 8.

Last Update: 5 Sep 2026