

Sunday Morning 2026

Count: 32

Wall: 4

Level: Beginner

Choreographer: Diva (INA), Erly (INA) & Kristin (INA) - August 2026

Music: Beautiful Sunday - Afro House Remix Tribal Mood



Intro 16 count (music only)

Intro 64 count (with step)

No tag or restart

INTRO

S1. Side, Touch (RL), Grapevine

- 1 2 Step R Side (1), Touch on L next to R (2)
- 3 4 Step L Side (3), Touch on R next to L (4)
- 5 6 Step R Side (5), Step L behind (6)
- 7 8 Step R side (7), Touch on R (8)

S2. Side, Touch (LR), Grapevine

- 1 2 Step L Side (1), Touch on R next to L (2)
- 3 4 Step R Side (3), Touch on L next to R (4)
- 5 6 Step L Side (5), Step R behind (6)
- 7 8 Step L side (7), Touch on R next to L(8)

S3. Rocking chair, Pivot 1/4 (2x)

- 1 2 Rock forward on R (1), Recover on L,
- 3 4 Step R back (5), Recover on L
- 5 6 R forward (6), 1/4 turn L recover on L
- 7 8 R forward (7), 1/4 turn L recover on L (8) [6.00]

S4. Side, Touch (RL), Grapevine

- 1 2 Step R Side (1), Touch on L next to R (2)
- 3 4 Step L Side (3), Touch on R next to L (4)
- 5 6 Step R Side (5), Step L behind (6)
- 7 8 Step R side (7), Touch on L next to R(8)

S5. Side, Touch (LR), Grapevine

- 1 2 Step L Side (1), Touch on R next to L (2)
- 3 4 Step R Side (3), Touch on L next to R (4)
- 5 6 Step L Side (5), Step R behind (6)
- 7 8 Step L side (7), Touch on R next to L(8)

S6. Rocking chair, Pivot 1/4 (2x)

- 1 2 Rock forward on R (1), Recover on L,
- 3 4 Step R back (5), Recover on L
- 5 6 R forward (6), 1/4 turn L recover on L
- 7 8 R forward (7), 1/4 turn L recover on L (8) [12.00]

S7. K Step

- 1 2 Step R diagonally forward (1), Touch on L (2)
- 3 4 Step L back diagonally (3), Touch on R (4)
- 5 6 Step R back diagonally (5), Touch on L (6)
- 7 8 Step R forward diagonally (7)

S8. Repeat S7

MAIN DANCE :

S1. ¼ Turn L, Touch, Step, Touch, ¼ Turn R, Side, Together, Side, Touch

1 2 ¼ Turn Left Step R side(1), Touch on L (2)
3 4 Step L side (3), Touch on R(4)
5 6 ¼ turn Step R side (5), Step L together (6)
7 8 Step R side (7), Step L together (8) [12.00]

S2. Heel 2x, Coaster Step, Pivot R, Forward, Touch

1 2 Tap R heel forward (1), tap R heel forward(2)
3&4 Step R Back (3), Step L together (&), Step R forward (4)
5 6 Step L forward (5), Turn ½ R in place (BW on R) (6) [6.00]
7 8 Step L forward (7), Touch on R next to L (8)

S3. Back, Touch bend (RL), Forward, Point (RL)

1 2 Step R back (1), Touch bending knee L in place (2), Step L back (3), Touch bending R in place (4)
5 6 Step R forward (5), Point L side (6)
7 8 Step L forward (7), Point R side (8)

S4. Jazzbox turn ¼, Point,Touch, Point , Hitch

1 2 Cross R over L (1), ¼ Turn R Back on L (2)
3 4 Step R side (3), Step L forward (4)[9.00]
5 6 Point R to side (5), Touch R next to L (6)
7 8 Point R to side (7), Hitch on R (8)

Last Update: 2 Sep 2026
