

Apple Jack

Count: 34

Wall: 0

Level: Beginner

Choreographer: Karen Hill (UK) - September 2026

Music: Apple Jack - Lisa McHugh

or: Applejack - Dolly Parton



Alternative track :Dolly Parton Start on vocal with beat.

(Count in: 34 after banjo intro)

Section 1

- 1 - 2 (To right diagonal) Walk right, left
- 3 & 4 Right Mambo forward
- 5 - 6 Walk back left, right
- 7 & 8 Left coaster step (squaring up to 12 o'clock)

Section 2

- 1 - 2 (to left diagonal) Walk right, left
- 3 & 4 Right mambo forward
- 5 - 6 Walk back left, right
- 7 & 8 Left coaster step (squaring up to 12 o'clock)

Section 3

- 1 & 2 Right mambo forwards
- 3 & 4 Left mambo backwards
- 5 - 6 Step right forward and $\frac{1}{4}$ pivot to left (weight on left) - facing 9 o'clock
- 7 & 8 Right shuffle forwards

Section 4

- 1 - 2 Step left foot forwards, $\frac{1}{2}$ pivot turn over right shoulder (weight on right)
- 3 & 4 Left shuffle forwards
- 5 - 6 Walk right, left
- 7 & 8 Right mambo forwards

Section 5

- 1 & 2 Left coaster step

Repeat

Written in memory of Dolly Parton
