

Glitz Beautiful Day

Count: 96

Wall: 2

Level: Intermediate Phrased

Choreographer: Aprillia Munarwati (INA) - September 2026

Music: Beautiful Sunday (Afro House) - ZANU



Intro : 32 counts

Sequence : AA BB CC A BB CC A CCC

Part A (32 Counts)

S1 Shuffle diagonal forward R L, Shuffle diagonal back R L

1&2 Step R diagonal forward, Step L next to R, Step R forward
3&4 Step L diagonal Forward, Step R next to L, Step L forward
5&6 Step R diagonal back, Step L next to R, Step R back
7&8 Step L diagonal back, Step R next to L, Step L back

S2 Side mambo R L, Forward mambo, Back mambo

1&2 Step R to R, Recover on L, Step R next to L
3&4 Step L to L, Recover on R, Step L next to R
5&6 Step R Forward, Recover on L, Step R next to L
7&8 Step L Back, Recover on R, Step L next to R

S3 Forward, 1/2 turn R, Back, Hitch, Forward, 1/2 turn L , Back, Hitch

1234 Step R Forward, Turn 1/2R step L Back, Step R Back, Hitch L
5678 Step L Forward, Turn 1/2L step R Back, Step L Back , Hitch R

S4 Side Touch R L, Heel Switch 2x Touch R, Hips Up & Down

1234 Step R to R, Touch L to L, Step L to L, Touch R to R
5&6& R Heel touch forward, Step R next to L, L Heel touch forward, Step L next to R
7&8 Touch R Forward, Make R hips Up, and Down

Part B (32 counts)

S1 Side Touch R, L, Touch forward, Touch side, Sailor turn 1/4 R

1234 Step R to R, touch L to R, Step L to L, Touch R to L
567&8 Touch R forward, Touch R to R, Turn 1/4 R step R back, Step L next to R, Step R to R

S2 Forward, flick, Back, touch side, Touch side, turn 1/4 L touch side, Sailor turn 1/4 L

1234 Step L forward, Flick R, Step R back, Touch L to L
567&8 Touch side L, Turn 1/4L Touch side L, Turn 1/4L step L back, Step R next L, Step L to L

S3 Diagonal touch forward R L with body roll, Diagonal Back R, hitch, turn 1/4 L side, hitch

1234 Step R diagonal forward with body roll, Touch L next R, Step L diagonal Forward with body roll Touch R next L
5678 Step R back, Hitch on L, Turn 1/4L step L side, Hitch on R

S4 V Step, Mambo R L with body roll

1234 Step R diagonal R forward, Step L diagonal L forward, Step R back to center, Step L next R
5&6 Step R to R with body roll, recover on L, Step R next L
7&8 Step L to L with body roll, Recover on R, Step L next R

Part C (32 counts)

S1 Side Step, Hold R L, Side, Recover, Side, hold

12 Step R to R (body angle to 3:00 with both hands raise beside mouth), Hold
34 Step L to L (body angle to 9:00 with both hands raise beside mouth), Hold
5678 Step R to R , Recover on L, step R to R, Hold (hand raise beside mouth)

S2 Side, Close Side, Touch, L R

1234 Step L to L, Step R next L, Step L to L, Touch R next to L (make your hands open in the air)
5678 Step R to R, Step L next R, Step R to R, Touch L next R (make your hands open in the air)

S3 Turn 1/4L, Hitch, Turn 1/4 L, Hitch, Coaster step, Hold

1234 Turn 1/4L step L forward, Hitch on R, Turn 1/4 L step R side to R, Hitch on L
5678 Step L back, Step R next L, Step L forward, Hold

S4 Step forward with sway hips, Hitch R L

1234 Step R forward, Recover on L, Step R forward with sway, Hitch on L
5678 Step L forward, Recover on R, Step L forward with sway, Hitch on R

Enjoy Dancing!

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