

PLC Cha (P)

Count: 32

Wall: 0

Level: Improver Partner

Choreographer: Pat Esper (USA) - September 2026

Music: Dance the Night Away - David Banner

or: Shackles (Praise You) - Coby James & Evvie McKinney



Starting in closed position

[1-8]: Rock, Recover, Triple, Rock, Recover, Triple

- 1-2 M: Rock back on the left foot. Recover onto the right foot.
L: Rock forward on the right foot. Recover onto the left foot.
- 3&4 M: Step forward on the left foot, Step the right foot next to the left, Step forward on the left foot.
L: Step back on the right foot, Step the left foot next to the right, Step back on the left foot.
- 5-6 M: Rock forward on the right foot. Recover onto the left foot.
L: Rock back on the left foot. Recover onto the right foot.
- 7&8 M: Step back on the right foot, Step the left foot next to the right, Step back on the right foot.
L: Step forward on the left foot, Step the right foot next to the left, Step forward on the left foot.

[9-16]: Step side, Touch behind, Step side, Touch behind, Lindy, Cross rock, Recover

- 1-2 M: Step the left foot to the side. Touch the right toes behind the left.
L: Step the right foot to the side. Touch the left toes behind the right.
- 3-4 M: Step the right foot to the side. Touch the left toes behind the right.
L: Step the left foot to the side. Touch the right toes behind the left.
- 5&6 M: Step the left foot to the side, Step the right foot next to the left, Step the left foot to the side.
L: Step the right foot to the side, Step the left foot next to the right, Step the right foot to the side.
- 7-8* M: Rock the right foot across the left. Recover onto the left foot.
L: Rock the left foot across the right. Recover onto the right foot

NOTE: Lead hands (man's left, lady's right) drop and they join follow hands (man's right, lady's left) turning the bodies to the direction of the cross rock on counts 7-8 continuing for counts 1-2 in the next set.

[17-24]: Cross rock, Recover, Turn, Turn, Lindy, Cross rock, Recover

- 1-2 M: Rock the right foot across the left. Recover onto the left foot.
L: Rock the left foot across the right. Recover onto the right foot.
- 3-4 M: Make a quarter turn right stepping forward on the right foot. Make a half turn right stepping back on the left foot.
L: Make a quarter turn to the left stepping forward on the left foot. Make a half turn to the left stepping back on the right foot
- 5&6 M: Making a quarter turn right, Step the right foot to the side, Step the left foot next to the right, Step the right foot to the side.
L: Making a quarter turn to the left, Step the left foot to the side, Step the right foot next to the left, Step the right foot to the side.
- 7-8 M: Rock the left foot across the right. Recover onto the right foot.
L: Rock the right foot across the left. Recover onto the left foot.

NOTE: On counts 3-4, men's and lady's drop hand to make the full turn and join lead hands at counts 5&6 leaving the follow hands free.

[25-32]: Cross rock, Recover, Lindy, Turn, Turn, Triple

- 1-2 M: Rock the left foot across the right. Recover onto the right foot.
L: Rock the right foot across the left. Recover onto the left foot.

- 3&4 M: Step the left foot to the side, Step the right foot next to the left, Step the left foot to the side
L: Step the right foot to the side, Step the left foot next to the right, Step the right foot to the side.
- 5-6 M: Making a quarter turn to the left, step forward on the right foot. Pivot a half turn to the left stepping in place on the left.
L: Making a quarter turn to the right, step forward on the left foot. Pivot a half turn to the right stepping in place on the right.
- 7&8 M: Making a quarter turn to the left stepping back on the right foot, Step the left foot next to the right, Step back on the right foot.
L: Making a quarter turn to the right stepping forward on the left foot, Step the right foot next to the left, Step forward on the left foot.

NOTE: The lead hands stay connected through counts 3&4. The hand drop free for counts 5-6. On counts 7&8 the couple returns to the full closed position. Cheat/slopping: For counts 7&8, A Lindy can replace the triple, but the man will have to ensure a strong lead. The lady can substitute a rock behind for the first set 1-2 count.

**** The PLC stands for Pat, Lucy, and the Connolly's. Lucy Funkhouser, my teammate, and Kacey & Marty Connolly helped me to bring this dance out of "mental draft" phase to physical draft and final draft. I chose to credit them for their help through the dances title.**
