

What a Dame

Count: 32

Wall: 4

Level: Improver

Choreographer: Pat Esper (USA) - September 2026

Music: Aint She Sweet (Radio Edit) - Wolfgang Lohr & Incontrol



No Tags/Restarts

[1-8]: Charleston twice

- 1-2 Step forward on the right foot. Touch the left toes forward (option: kick the left forward)
- 3-4 Step back on the left foot. Touch the right toes back.
- 5-6 Step forward on the right foot. Touch the left toes forward (option: kick the left forward)
- 7-8 Step back on the left foot. Touch the right toes back.

NOTE: You can style these steps like a 'Roaring 20s' Charelston

[9-16]: Step, Lock, Triple, Step, Lock, Triple

- 1-2 Step forward on the right foot. Lock the left foot behind the right.
- 3&4 Step forward on the right foot, Step the left foot next to the right, Step forward on the right foot.
- 5-6 Step forward on the left foot. Lock the right foot behind the left.
- 7&8 Step forward on the left foot, Step the right foot next to the left, Step forward on the left foot.

[17-24]: Kick, Kick, Quarter turn coaster, Kick, Kick, Coaster

- 1-2 Kick the right foot forward. Kick the right foot to the angle (1:30ish).
- 3&4 Step back on the right foot, Make a quarter turn left stepping left foot to the side. Step forward on the right foot.
- 5-6 Kick the left foot forward. Kick the left foot to the angle (10:30ish)
- 7&8 Step back on the left foot, Step the right foot next to the left, Step forward on the left foot.

[25-32]: Bump bump, Bump bump, Roll, Roll

- 1&2 Stepping the right foot slightly to the side, Bump the hips right, left, right.
- 3&4 Bump the hips left, right, left.
- 5-6 Roll the hips counter clockwise right to left to right.
- 7-8 Roll the hips counter clock wise left to right to left. (weight ends on left foot)

Start again

Dance note: Technically, there should be a restart at wall 6, but isn't really pronounced enough to know it is coming in the music.

Historical notes: The original version of "Ain't She Sweet" was released in 1927 by Gene Austin and had been remade several times since. The current version is known as an Elctro Swing dance version.

The term "What a dame" came about in the 1920s, usually to describe a woman that was beautiful, sassy, and confident.