

Sweet Love and Devotion

Count: 32

Wall: 4

Level: Beginner

Choreographer: Becky Hawthorne (USA) - September 2026

Music: How Sweet It Is (To Be Loved By You) - James Taylor



Intro: 32 counts

No tags, no restarts

Section 1: LINDY, SIDE, DIAGONAL KICK, BEHIND, SIDE

- 1 & 2 Step RF to R side, Step LF next to RF, Step RF to R side
- 3, 4 Rock LF back, Recover weight forward on RF
- 5, 6 Step LF to L side, Kick RF to R forward diagonal
- 7, 8 Step RF behind L, Step LF to L side

Section 2: CROSS SHUFFLE, SIDE, TOUCH, SIDE, TOUCH, 1/4 SIDE, TOUCH

- 1 & 2 Cross RF over L, Step LF to L side, Cross RF over L
- 3, 4 Step LF to L side, Touch RF next to LF
- 5, 6 Step RF to R side, Touch LF next to RF
- 7, 8 1/4 Step LF to L side (9:00), Touch RF next to LF

Section 3: OUT, OUT, HOLD, KNEE POP, HOLD, TOGETHER, SIDE ROCK, TOGETHER

- & 1, 2 Step RF out to R side, Step LF out to L side, Hold
- 3, 4 Pop R knee fwd with weight on RF (optional styling: turn upper body to L diagonal), Hold
- 5, 6 Step LF next to RF, Rock RF to R side
- 7, 8 Recover weight onto LF, Step RF next to LF

Section 4: OUT, OUT, HOLD, KNEE POP, HOLD, TOGETHER, SIDE ROCK, TOGETHER

- & 1, 2 Step LF out to L side, Step RF out to R side, Hold
- 3, 4 Pop L knee fwd with weight on LF (optional styling: turn upper body to R diagonal), Hold
- 5, 6 Step RF next to LF, Rock LF to L side
- 7, 8 Recover weight onto RF, Step LF next to RF

Becky Hawthorne: beckyhawthornetx@gmail.com