

Love Yourself Before You Love Others

(爱人先爱己)

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 2

Level: Improver

Choreographer: Ade Sakawati / Oshin (INA) & Teddy Wijaya putra (INA) - August 2026

Music: 爱人先爱己 Digubah oleh: Heart Dwelling in the Wilderness



Intro 16 Count

2 X Tag, 2 Count after Wall 1 & Wall 2
SWAY R,L

Sec 1: NC2S Basic right - NC2S Basic left - Rock step Recover - back Rock step Recover Together

- 1 2& RF to side, LF rock back, RF recover on place
- 3 4& LF to side, RF rock back, LF recover on place
- 5 6& RF Rock fwd, LF recover back on place, RF Together beside LF
- 7 8& LF Rock back, RF recover back on place, LF fwd together

Sec 2: Turn ¼ to left ¾ DIAMOND, Syncopated Sway

- 1 2 & ¼ turn left RF Steping Side, ½ to L LF Step back, RF Step Back
- 3 4 & ½ to left LF Steping side, ½ To Left RF Stepping Forward, LF Step Forward
- 5 6 & ½ to left RF Steping Side, ½ LF step back, RF step back
- 7 8 & ½ to left LF Steping side, Sway R, L (weight on Left)

Section 3: Cross Rock Recover, Hinge ½ Turn Left , Cross Rock Recover, Hinge ½ Turn Left

- 1 2& RF Cross rock over Left, Recover, side
- 3 4 & Cross step left over right, RF ¼ turn Left step back, LF ¼ turn left Stepping Right to side
- 5 6 & Rf Cross rock over left, LF Recover, RF Stepping Right to side
- 7 8 & LF Cross rock over left, RF ¼ turn to Right Stepping back, LF ¼ Turn to Left to side

Section 4: Serpiente, Walk R,L,R ½ to left walk L,R,L

- 1 2 & RF step forward on right with sweeping back to front, LF Cross step over RF, RF Side to Right
- 3 4 & LF Step back with sweeping from front to back, Step RF back, LF Step next RF
- 5 6 7 Walk R, L, R
- & 8 & Pivot ½ to left step forward, RF step forward, LF Step Forward

Last Update: 7 Sep 2026