

Rose Shuffle

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Alice Price (UK) - September 2026

Music: La vie en rose (Zouka Remix) - Zouka



No tags

No restarts

Intro: 18 seconds

Section 1: forward rumba box with shuffles

1,2,3,&,4 RF right, LF next to RF, RF forward, LF next to RF, RF forward

5,6,7,&,8 LF left, RF next to LF, LF back, RF next to LF, LF back

Section 2: rock back recover shuffle forward, step, 1/4 turn right, cross shuffle

1,2,3,&,4 rock back on RF, recover on LF, RF forward, LF next to RF, RF forward

5,6,7,&,8 step on to LF as turn 1/4 right, RF right, LF over RF, RF right, LF over RF

Section 3: back rumba box with shuffles

1,2,3,&,4 RF right, LF next to RF, RF back, LF next to RF, RF back

5,6,7,&,8 LF left, RF next to LF, LF forward, RF next to LF, LF forward

Section 4: rock, recover, 1/2 turn shuffle, rock, recover, 1/2 turn shuffle

1,2,3,&,4 Rock RF forward, recover on LF, turn 1/4 right onto RF, LF next to RF, turn 1/4 right onto RF

5,6,7,&,8 Rock forward on LF, recover on RF, turn 1/4 left onto LF, RF next to LF, turn 1/4 left onto LF