

Coolin'

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Kayla Morrison (USA) - September 2026

Music: Coolin - Levi Bloom



Dance begins 16 counts (9 seconds in) on Lyrics ("Ain't got nothin'...")

[1-8] Kick & Point R, Kick & Point L, Sailor R, Sailor L

- 1-2 Kick RF forward (1), Point LF to L side (2)
- 3-4 Kick LF forward (3), Point RF to R side (4)
- 5&6 Step RF behind LF (5), Step LF to L side (&), Step RF to R side (6)
- 7&8 Step LF behind RF (7), Step LF next to RF (&), Step RF forward (8)

[9-16] Full Turn, Wizard Steps, ¼ turn cross

- 1-2 Cross RF over LF (1), Unwind over L shoulder (2)
- 3&4 Step RF forward (3), Lock LF behind RF (&), Step RF forward (4)
- 5&6 Step LF forward (5), Lock RF behind LF (&), Step LF forward (6)
- 7-8& Step RF forward (7), Pivot ¼ turn right (8), Cross RF over LF (&) (9:00)

[17-24] Step, Slide, Weave, ¼ turn Rock back, Walk R-L, ¼ Turn

- 1-2 Step LF out to L side (1), Slide RF in to meet LF (2)
- 3&4 Cross RF behind LF (3), step LF to the left side (&), cross RF over LF (4)
- 5-6 Rock LF back turning ¼ right (5), Rock RF back (6) (12:00)
- 7-8 Step RF forward (7), Step LF Forward (8)

[25-32] ¼ turn, Walk R-L, Mambo L, Mambo R

- 1-2 Step RF to the right side (1), Pivot turn over L shoulder (2) (9:00)
- 3-4 Step RF forward (3), Step LF forward (4)
- 5&6 Rock RF to R side (5), Recover weight to LF (&), Step RF next to LF (6)
- 7&8 Rock LF to L side (7), Recover weight to RF (&), Step LF next to RF (8)

Last Update – 2 Sept. 2026 – R1
