

Say La V

Count: 32

Wall: 4

Level: Beginner

Choreographer: Trish Lagerberg (NZ) - September 2026

Music: Say La V - Joe Nichols



3 x RESTARTS

INTRO: 64 counts

Sec 1: STEP FWD KICK, STEP BACK KICK, R COASTER

- 1-2 Step forward RF, kick LF forward
- 3-4 Step back LF, kick RF forward
- 5-6 Step RF back, step LF back beside RF
- 7-8 Step RF forward, Brush LF through

Sec 2: LOCK STEP L AND R

- 1-2 Step fwd on LF, Lock RF behind LF
- 3-4 Step fwd on LF, brush RF though
- 5-6 Step fwd on RF, lock LF behind RF
- 7-8 Step fwd on RF, brush LF through (RESTART WALL 10 AT 9.00 (with step change count 8))

Sec 3: L VINE ¼ L, R VINE

- 1-2 Step LF to L side, Cross RF behind LF
- 3-4 Step LF ¼ L, touch RF next to LF
- 5-6 Step RF to R side, cross LF behind RF
- 7-8 Step RF to R side, Touch LF next to RF

Sec 4: V STEP, HEEL SPLITS x 2

- 1-2 Step LF to L diagonal, Step RF to R diagonal
- 3-4 Step LF back, Step RF back beside LF (RESTART WALL 2 AT 6.00, & WALL 6 AT 6.00)
- 5-6 Split RF & LF heels out and back in together
- 7-8 Split RF & LF heels out and back in together

Restarts:

Wall 2 & 6 6.00 after 28 counts

Wall 10 9.00 after 16 counts

Step change: On count 8 (Sec 2) bring LF tog RF (do not brush LF)

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