

Little Miss Rock-Around (Chair)

Count: 32

Wall: 1

Level: Absolute Beginner Chair

Choreographer: Katie Casey (USA) & Donna Munafo (USA) - September 2026

Music: Little Miss Rock-a-round - Voltage vault rock 'n' roll music
or: I Think You Like My Boyfriend (a little too much) - Belles



S1: (Hands Like Macarena) Right Left Palm Up, Right Left Palm Down

- 1 Extend R Arm forward, palm down
- 2 Extend L Arm forward, palm down
- 3 Flip R Hand Palm Up
- 4 Flip L Hand Palm Up
- 5 R Hand to L shoulder (keep hand there)
- 6 L Hand to R Shoulder (keep hand there)
- 7, 8 Twist upper body right, then left

S2: Holding Shoulders R L Foot Forward, R L Foot Back, V-Step with claps

- 1, 2 (Still Holding shoulders) Step R Foot Forward, Step L Foot Forward
- 3, 4 Step R Foot back, Step L Foot Back, (release shoulder hold)
- 5, 6 Step R Foot forward on diagonal, Step L Foot forward on Diagonal
- 7, 8 Step R Foot back, clap. Step L Foot back, clap

S3 Windshield Wiper Knees & Hands

- 1, 2 Both knees swing R, L with both hands swinging opposite direction
 - 3, 4 Both knees swing R, L with both hands swinging opposite direction
- (restart here on 3rd sequence)**
- 5, 6 Both knees swing R, L with both hands swinging opposite direction
 - 7, 8 Both knees swing R, L with both hands swinging opposite direction

S4: Z with Hands, Retrace and Pull

- 1 Reach Both Hands High to the L
 - 2 Slide Both Hands over to the R
 - 3 Pull Both hands diagonally down to the L
 - 4 Slide both hands over to the R
- (you have created the letter Z with your motion)**
- 5 Retrace sequence – Slide both hands to the L
 - 6 Lift both hands diagonally up to the R
 - 7 Slide both hands over to the L
 - 8 Pull both hands back to chest

(Tag at the end of 7th Sequence – March for 4 counts)

REPEAT