

Bad Bad News

Count: 32

Wall: 4

Level: High Improver

Choreographer: Karen Carlson (USA) - September 2026

Music: Bad News (feat. Black Gryph0n & Baasik) - Stellar



Intro: 16 counts

Tags/Restarts: None

[1-8] Point Cross, Point Side, Behind-Side-Cross, Side, ¼ Turn R/Together, L Lock Step

- 1-2 Touch R toe across L (1), Touch R toe to right side (2)
3&4 Step R behind L (3), Step L to left side (&), Cross R over L (4)
5-6 Step L to left side (5), Step R next to L as you 1/4 turn right on balls of both feet, weight ending in R (6) [3:00]
7&8 Step L fwd (7), Lock R behind L (&), Step L fwd (8)

[9-16] Step Fwd, Tic Toc ¾ L, L Coaster (10:30 diagonal), Knee Pops L/R, R Sailor 3/8

- 1&2 Step R fwd (1), Turn ⅛ left swivel L heel in (&), Turn ¼ left swivel R heel out popping L knee, weight on R in a sit position (2) [10:30]
3&4 Step L back (3), Step R next to L (&), Step L fwd (4) [10:30]
5-6 Shift weight back to R popping L knee fwd (5), Shift weight fwd to L popping R knee, keeping ball of R in place (6) [10:30]
7&8 Turn 1/8 right stepping R behind L (7), Turn 1/8 right stepping L to left (&), Turn 1/8 right stepping R fwd (8) [3:00]

[17-24] Skate L/R, L Diagonal Triple, R 1/4 Jazz Box, R Chassé

- &1-2 Brush L fwd (&), Skate L fwd diagonally left (1), Skate R fwd diagonally right (2)
3&4 Skate L fwd diagonally left (3), Step R next to L (&), Step L fwd diagonally left (4)
&5-6 Brush R fwd (&), Cross R over L (5), Turn ¼ right stepping L back (6) [6:00]
7&8 Step R to right side (7), Step L next to R (&), Step R to right side (8)

[25-32] Cross, Ball, Cross, Side, Hook, ¼ Left, ¼ Hip Circle Left 2x

- 1&2& Cross L over R (1), Step R to right side (&), Cross L over R (2), Step R to right side (&)
3-4 Hook L in front of R shin (angle body left) (3), Turn ¼ left stepping L fwd (4) [3:00]
5-6 Step R fwd (5), Hip circle ¼ turn left shifting weight to L (6) [12:00]
7-8 Step R fwd (7), Hip circle ¼ turn left shifting weight to L (8) [9:00]

Ending: Last hip circle will be ½ left to end facing 12:00 and pose touching R toe beside L, dropping R hip, popping R knee

Special thanks to Jo Thompson Szymanski for helping fine tune this dance and step sheet. Love you to the moon, friend.