

Stand By Me Soul

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Helaine Norman (USA) - September 2026

Music: Stand by Me (Soul Blues version)

or: Stand By Me - Otis Redding



INTRO: 32

No tags or restarts

SI.FORWARD, TOUCH, BACK, TOUCH; SIDE, TOGETHER, SIDE, TOUCH

1-2 Step R forward, touch L behind R

3-4 Step L back, touch R beside L

5-8 Step R side, step L beside R, step R side, touch L beside R

Optional styling for 1-2 & 3-4: Step R over L (10:30), touch L behind L, step L in place (12:00), touch R beside L

SII.FORWARD, TOUCH, BACK, TOUCH; SIDE, TOGETHER, SIDE, TOUCH

1-2 Step L forward, touch R behind L

3-4 Step R back, touch L beside R

5-8 Step L side, step R beside L, step L side, touch R beside L

Optional styling for 1-2 & 3-4: Step L over R (1:30), touch R behind, step right in place (12:00), touch L beside R

SIII.FORWARD RUMBA BOX

1-4 Step R side, step L beside R, step R forward, touch L beside R

5-8 Step L side, step R beside L, step L back, touch R beside L

SIV.SIDE, BESIDE, SIDE, BRUSH (OR SCUFF); ¼ L-TURN JAZZ BOX ENDING WITH TOUCH

1-4 Step R side, step L beside R, step L side, brush L over R

5-8 Step L over R, step R back making 1/8 turn left (10:30), step L side making 1/8 turn left (9:00), touch R beside L

REPEAT

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