

Still the One

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Johann Olafsson (ICE) - September 2026

Music: Still The One - Alan Jackson



Intro: 32 counts

Notes: No tags - No restarts

SECTION 1 - 2 WALKS FORWARD, HEEL, HOLD, BACK TOUCHES

- 1-2 Walk forward right, left
- 3 Touch right heel forward while raising right hand, index finger pointing up (ONE)
- 4 Hold
- 5-6 Step right diagonally back, touch left beside right
- 7-8 Step left diagonally back, touch right beside left

SECTION 2 - HEEL TAPS, BACK ROCK, RIGHT CHASSÉ, BACK ROCK

- 1-2 Touch right heel diagonally forward twice
- 3-4 Rock back on right, recover onto left
- 5&6 Step right to right side, step left beside right, step right to right side
- 7-8 Rock back on left, recover onto right

SECTION 3 - HEEL TAPS, BACK ROCK, LEFT CHASSÉ, BACK ROCK

- 1-2 Touch left heel diagonally forward twice
- 3-4 Rock back on left, recover onto right
- 5&6 Step left to left side, step right beside left, step left to left side
- 7-8 Rock back on right, recover onto left

SECTION 4 - VINE RIGHT, TOUCH, FULL RONDÉ, 1/4 TURN CHASSÉ

- 1-2 Step right to right side, cross left behind right
- 3-4 Step right to right side, touch left beside right
- 5-6 Rondé left foot in a full circle: forward, out to the side and back beside right
- 7&8 Step left to left side, step right beside left, turn 1/4 left stepping left forward

Start again and enjoy!
