

Set It Off

Count: 32

Wall: 4

Level: Improver

Choreographer: Darcy Leasure (USA) - September 2026

Music: Set It Off - Timomatic



Part 1 / Weighted Walk, Shuffle, Turn, Shuffle

- 1,2 R Step Forward, L Step to meet R (exaggerated weighted step as L meets R)
- 3&4 R Shuffle
- 5,6 L Step Forward, ½ Turn Pivot over R shoulder (clockwise) (6:00)
- 7&8 L Shuffle

Part 2 / Step, Spin, Steps & Jumps

- 1-2 R Step, Full Turn L (counter-clockwise) and finish with L Step Forward (6:00)
- 3,4 Walk R, L
- &7&8 Hop Out, Together, Out, Together

Part 3 / Turning Hips Rolls & Body Rolls ***

- 1-2 ¼ Turn Left R Foot Steps Forward as R Hip rolls R, L (9:00)
- 3-4 R Foot Steps R as R Hip rolls R, L
- 5-6 Step to R with a Body Roll R (weight lands on R Foot) ***
- 7-8 Body Roll L and bring R Foot to meet L (weight lands on L Foot) ***

Part 4 / Flick Kicks with ¼ Turns

- 1 R Flick Kick Forward
- 2 R Flick Kick to Right with ¼ turn R (6:00)
- 3&4 R Coaster Step
- 5 L Flick Kick Forward
- 6 L Flick Kick to Left with ¼ turn L (9:00)
- 7&8 L Coaster Step

*** Optional Moves:

Cabbage Patch

Side to Side Steps

Knee Rolls In and Out

Feel free to be creative throughout the dance, but especially with these 4 counts!

Created for Nashville Dance Fest Vol 4. Sept 2026