

Body

Count: 32

Wall: 4

Level: High Beginner Kpop

Choreographer: Jae Gu Lee (KOR) & Moon Young Heo (KOR) - September 2026

Music: body - DAYOUNG



No Tag! 1 Restart!
(Restart: Aftet 4w 4c)

Sec.1) head banging, hip rolling & toe strut

1-4 LF side stomp & head banging Left to Right
5-6 hip rolling & LF toe strut
7-8 hip rolling & RF toe strut

Sec.2) Kickball side, R 1/4 turn jazzbox

1&2 RF Kickball, LF side
3&4 LF Kickball, RF side
5-8 R 1/4 turn jazzbox

Sec.3) L 1/2 pivot turn x2, Nightclub cha

1-2 L 1/2 pivot turn
3-4 L 1/2 pivot turn
5&6 RF Nightclub cha
7&8 LF Nightclub cha

Sec.4) RF stomp x2, Triple twist, coster step

1-2 RF stomp, stomp
3&4 Foot out/in/out
5-6 RF rock & Recovery
7&8 RF coster step

Last Update: 5 Sep 2026
