

Lighter

Count: 32

Wall: 2

Level: Beginner

Choreographer: Caroline Le Brun (CAN) & Michael Zafiropoulos (CAN) - August 2026

Music: Lighter - Jelly Roll, Carín León & FIFA Sound



INTRO: 4 counts (start on "Never felt this way before...")

***1 Restart at wall No Tags |**

Restart at wall 6 after the first 16 counts

[1-8] MAMBO FORWARD R, MAMBO FORWARD L, ¼ STEP L, COASTER CROSS, ¼ STEP L, STEP R

- 1&2 Rock RF forward, recover onto LF, step RF beside LF
- 3&4 Rock LF forward, recover onto RF, step LF making a ¼ turn left
- 5&6 Step RF back, step LF beside RF, cross RF over LF
- 7-8 Step LF ¼ turn left, touch RF beside LF

[9-16] SIDE TOUCH CLAP X 2, HEEL SWITCH, PIVOT ½ R

- 1-2 Step RF to right side, touch LF beside RF, clap
- 3-4 Step LF to left side, touch RF beside LF, clap
- 5&6 Touch right heel forward, step RF beside LF, touch left heel forward, step LF beside RF
- 7-8 Step RF forward, pivot ½ turn left, weight onto LF

*** RESTART : After the first 16 counts on Wall 6**

[17-24] STEP-LOCK-STEP R, FORWARD ROCK L, BACK-LOCK-STEP L, ROCK BACK R

- 1&2 Step RF forward, lock LF behind RF, step RF forward
- 3-4 Rock LF forward, recover weight onto RF
- 5&6 Step LF back, cross RF in front of LF, step LF back
- 7-8 Rock RF back, recover weight onto LF

[25-32] SIDE ROCK & SIDE ROCK, SAILOR STEP ¼, ROCK ¼ TURN

- 1-2& Rock RF to right side, recover onto LF, step RF beside LF
- 3-4 Rock LF to left side, recover onto RF
- 5&6 Cross LF behind RF, make a ¼ turn left stepping RF to right side, step LF forward
- 7-8 Rock RF to right side, make a ¼ turn left, recover weight onto LF

Have Fun! ☐☐

Last Update: 4 Sep 2026