

Keep Smiling

Count: 48

Wall: 4

Level: Improver

Choreographer: Nichola Mooney (SCO) - September 2026

Music: Can't stop that Smile - Grace Holloway



2 tags

32 count intro

1st 8 counts - (twists to the right hold, twists to the left hold)

1,2,3,4 twist heels, toes, heels to the right and hold

5,6,7,8 twist heels, toes, heels to the left and hold

Tag here on wall 3 and wall 9 and restart from the beginning

2nd 8 counts - (stomp, with twists, and 2 steps back and tap)

1,2,3,4 Stomp RF forward and twist LF heels, toes and heels

5,6,7,8 step back diagonal on LF tap RF and step back diagonal on RF and tap LF

3rd 8 counts - (stomp, with twists, and 2 steps back and tap)

1,2,3,4 Stomp LF forward and twist RF heels, toes and heels

5,6,7,8 step back diagonal on RF tap LF and step back diagonal on LF and tap RF

4th 8 Counts - (Grapevine Right, Grapevine Left ¼ turn left)

1,2,3,4 step RF to side LF behind RF, step RF to right and tap LF beside RF

5,6,7,8 step LF to side, RF behind LF, step LF to side turning ¼ to the left and tap RF beside LF

5th 8 Counts - (K step forward leading with RF)

1,2,3,4 step forward diagonal with RF and tap LF next to RF, step back diagonal on LF and tap RF next to LF

5,6,7,8 step back diagonal on RF tap LF next to RF, step forward diagonal on LR and tap RF next to LF

6th 8 Counts (last) - (2 ½ pivot turns and rocking chair)

1,2,3,4 step forward on RF ½ pivot turn, step forward on RF ½ pivot turn

5,6,7,8 Rock forward on RF recover on LF, rock back on RF recover on LF

Tags are after first 8 counts on wall 3 and wall 9, and re-start the dance

Tag 1,2,3,4 step forward RF ½ pivot turn, step forward RF ½ pivot turn.

Submitted by Andrea Jessie Gardner (gardner1@hotmail.co.uk)