

Blood, Sweat and Beer

Count: 32

Wall: 4

Level: Beginner

Choreographer: Trent Duncan (AUS) - September 2026

Music: Blood Swear and Beer - Blackjack Billy



Tags: 1 Restarts: 1

[1-8] Bounce R Heel x4, Bounce L Heel x4

- 1-4 Step R foot fwd at 45 deg, Bounce heel 3 times taking weight onto R foot
- 5-8 Step L foot fwd at 45 deg, Bounce heel 3 times taking weight onto L foot

[9-16] Vine R, Hitch L, Clap, Vine L Hitch R, Clap

- 1-4 Vine R - Step R to R side, Step L behind R, Step R to R Side, Touch L beside R Clap Hands
- 5-8 Vine L - Step L to L side, Step R behind L, Step L to L Side, Scuff R foot clap hands

(Styling: When completing each vine you can add the following hand movements. As you Step to the side, Slap/brush both hand down on your thighs, As you step behind brush/slap upwards on your thighs, as you step the side clap hands, as you hitch Click fingers of both hands at shoulder height).

***Restart here on 3rd wall - Facing 6:00**

[17-24] Step Scuff, Step Scuff, Rocking Chair

- 1-4 Step R fwd, Scuff L, Step L fwd, Scuff R
- 5-8 Rocking Chair - Step R fwd, Rock weight back onto L, Step R back, Rock weight fwd onto L

[25-32] ¼ Paddle Turn, Stomp RL, Side Touch, Side Touch

- 1-4 Step R fwd, Paddle ¼ Turn L (9:00), Stomp R beside L, Step L beside R
- 5-8 Step R to R side, Touch L beside R - Clap Hands, Step L to L Side, Touch R beside L - Double Clap Hands

TAG: End of Wall 6 (start facing 12:00) add the following 4 counts, facing 9:00.

- 1-4 Step R to R side, Touch L beside R - Clap Hands, Step L to L Side, Touch R beside L - Double Clap Hands

We love having fun with this dance and I would love to see your videos having fun. Tag me in all your content with @tropical.boots on most social platforms