

You're Still Standing

Count: 32

Wall: 4

Level: Beginner

Choreographer: Sue French (AUS) - September 2026

Music: VISION - Matt Hansen



Start: After 16 counts

POINT CROSS X 2, SHUFFLE FORWARD X 2

- 1-2 point R toe to right side, step R forward
- 3-4 point L toe to left side, step L forward
- 5&6 shuffle forward R, L, R
- 7&8 shuffle forward L, R, L

STEP FORWARD ON RIGHT AND ½ TURN LEFT X 2, KICK BALL CHANGE ON RIGHT X 2

- 9-10 step R forward, ½ turn left (facing 6:00)
- 11-12 step R forward, ½ turn left (now facing 12:00)
- 13&14 kick R forward, step R beside L, step L in place
- 15&16 repeat 13&14

BACK DIAGONAL STEPS X 2, ¼ MONTEREY TURN RIGHT

- 17-18 step R back diagonal to right, touch L beside R
- 19-20 step L back diagonal left, touch R beside L
- 21-22 step R to right side, return R to centre making ¼ turn right
- 23-24 step L to left side, step L beside R

ROCK FORWARD, RECOVER, SHUFFLE BACK, ROCK BACK, RECOVER, SHUFFLE FORWARD

- 25-26 rock forward on R, recover on L
- 27-28 shuffle back R, L, R
- 29-30 rock back on L, recover on R
- 31-32 shuffle forward L, R, L

REPEAT

*** Alternative step to the 2 x half turns in section 2 is a right rocking chair**

- 1-2 rock forward on R, rock back on L
 - 3-4 rock back on R, rock forward on L
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