

Strong All Along

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Febri Yanti Zain (INA) - August 2026

Music: Strong All Along (Live) - Ethan Parker



Intro 16 Counts

SEC1. DIAMOND 1/4 L, TURN 1/8 L, SIDE, WALK, TURN 1/4L, NIGHT CLUB, SIDE ROCK, SWAY

12& Step RF to R, Turn 1/8 L stepping LF back, Step RF back
34& Turn 1/8 L stepping LF to L, Step RF fwd, Step LF fwd
56& Turn 1/4 L stepping RF to R, Close LF slightly behind RF, Cross RF over LF
78& Step LF to L, Recover onto RF, Step LF to L with sway

SEC2. TURN 1/4 R, WEAVE WITH SWEEP, FORWARD, PIVOT, PIVOT 1/2 L, TURN 1/4L, SIDE

12& Turn 1/4 R stepping RF fwd with sweep LF back to Front, Cross LF over RF, Step RF to R
34& Step LF back with sweep RF front to back, Cross RF behind LF, Step LF to L
56& Step RF fwd, Step LF fwd, Turn 1/2 R weight on RF
78& Step LF fwd, Turn 1/2 L stepping RF back, Turn 1/4 L stepping LF to L

SEC3. TURN 1/8L, FORWARD, PIVOT, FORWARD, BACK, BACK WITH LIFT, FORWARD WITH SWEEP (R-L), TURN 1/8 L, SIDE

12& Turn 1/8 L stepping RF fwd, Step LF fwd, Turn 1/2 R weight on RF
3&4 Step LF fwd, Step RF back, step LF back with lifting RF
567 Step RF fwd with sweep back to front, Step LF with Sweep back to front, Step RF fwd
8 Turn 1/8 L stepping LF to L

SEC4. ROCK CROSS, RECOVER, SIDE, ROCK CROSS, RECOVER, SIDE, FORWARD, PIVOT, PIVOT 1/2L, TURN 1/4 L, SIDE

12& Cross RF over LF, Recover onto LF, Step RF to R
34& Cross LF over RF, Recover onto LF, Step LF to L
56& Step RF fwd, Step LF fwd, Turn 1/2 RF weight on RF
78& Step LF fwd, Turn 1/2 L stepping RF back, Turn 1/4 L stepping LF to LF.

Tag: After wall 3 (8 counts Full Diamond) & After wall 6 (4 counts) Sway RLRL

Restart: On wall 2 after 18 counts (count 17 and 18 step change to Sway RL) & On wall 4 after 16 counts

Contact:

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****1st Place choreography USWDC BENELUX OPEN 2026 Amsterdam**