

Girls Are Going Out

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Hana Ries (USA) & Debbie Maxwell (USA) - September 2026

Music: Girls Are Goin' Out - KC Bruner



No Tags, No Restarts

Intro: 8 Counts after the Instrumental Intro stops, 14 seconds from start of the song (Starts on Vocals)

2 HEEL STRUTS, RUN, RUN, STAMP, STOMP, RAMBLES RIGHT AND LEFT

(12:00 → 12:00)

- | | |
|------|--|
| 1&2& | Place R heel forward, Drop R toes to the floor, Place L heel forward, Drop L toes to the floor |
| 3&4& | Step R forward, Step L forward, Stomp up R foot next to L, Stomp R next to L (weight on both feet) |
| 5&6& | Swivel heels to R, Swivel toes to R, Swivel heels to R, Clap |
| 7&8& | Swivel heels to L, Swivel toes to L, Swivel heels to L, Clap |

SYNCOATED ROCKS, COASTER STEP, SYNCOATED ROCKS, COASTER STEP

(12:00 → 12:00)

- | | |
|------|--|
| 1&2& | Rock R forward, Recover to L, Rock R to R side, Recover to L |
| 3&4 | Step R back, Step L next to R, Step R forward |
| 5&6& | Rock L forward, Recover to R, Rock L to L side, Recover to R |
| 7&8 | Step L back, Step R next to L, Step L forward |

Turning option for Coaster Steps: For Counts 3&4 and 7&8: Replace the Coaster Step with a ½ Turn Sailor Step

2 TURNING SHUFFLES, ¼ SIDE ROCK/RECOVER & CROSS, ¼ TURN SHUFFLE

(12:00 → 6:00)

- | | |
|-----|--|
| 1&2 | Turn ¼ L stepping R to R side, Step L next to R, Turn ¼ L stepping R back (6:00) |
| 3&4 | Turn ¼ L stepping L to L side, Step R next to L, Turn ¼ L stepping L forward (12:00) |
| 5&6 | Turn ¼ L as you rock R to R side, Recover to L, Cross R over L (weight on R) (9:00) |
| 7&8 | Turn ¼ L as you step forward on L, Step R next to L, Step L forward (6:00) |

Non-Turning option for counts 1&2, 3&4: R shuffle forward, L shuffle forward

FORWARD TAPS, SIDE POINTS, ¼ PIVOT, KICK-BALL-CHANGE

(6:00 → 9:00)

- | | |
|-------|---|
| 1&2& | Tap R toe or heel forward, Step R next L, Tap L toe or heel forward, Step L next to R |
| 3&4 & | Point R to R side, Step R next to L, Point L to L side, Step L next to R |
| 5, 6 | Step R forward, Pivot ¼ L (weight on L) (3:00) |
| 7&8 | Kick R forward, Step on ball of R, Step down on L (weight on L) |

To End facing 12:00: On wall 7 replace counts 15&16 with a ½ Turn Sailor Step

Note: On Wall 6, the singing drops out during Section 3 at around 2:05. Don't stop, keep dancing! Yes, it could have been a restart, but we felt the dance flowed better without one, especially since the song ends on the very next wall.

REPEAT & HAVE FUN!

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