

Lola Cha

Count: 32

Wall: 2

Level: Intermediate

Choreographer: Jeoung Hee Jeoung (KOR) - September 2026

Music: Lola Cha (BlissDance Edit)



S1. 1-9 SIDE, ROCK BWD, RECOVER, FWD LOCK STEP, FWD, TOGETHER, BWD LOCK STEP

- 1-3 Step LF to left side (1), Rock back RF(2), Recover onto LF (3)
- 4&5 Step forward RF(4), Step lock LF behind RF(&), Step forward RF(5)
- 6-7 Step forward LF(6), Step RF Close to LF (7)
- 8&1 Step LF to backward(8), Step Lock RF Cross over LF(&), Step back RF(1)

S2. 10-17 ROCK BACK, RECOVER, CHASSE & WISK CHASSE R, WISK CHASSE L, COSTER

- 2-3 Rock back RF(2), Recover onto LF (3)
- 4&5 Step RF to Side(4), Step LF beside to RF(&), Step RF to Side(big step) & Sweep LF from side to behind(5)
- 6&7 Step RF behind LF (6), Step RF in Place (&), Step LF to L (big step) & Sweep RF from side to back (7)
- 8&1 Step backward LF(8), Step RF beside to LF(&), Step forward LF(1)

S3. 18-25 HOLD, 1/8 R POINT LF, FWD, TOGATHER, 1/8 L POINT LF, HOLD, HITCH, POINT LF(RF bend Knee), TOUCH, SIDE LF

- 2-3 Step Hold(2), 1/8 Turn R LF Pionting wt on RF(3)
- 4&5 Step LF over RF(4), 1/8 L Step LF beside RF(&), Point LF to Side(5)
- 6 Step Hold(6)
- &7 Hitch LF (&), Point LF to side (7)
- 8-1 Step Touch LF to RF(8), Step LF to Side(1)

S4. 26-32 ROCK FWD, RECOVER, 1/2 R CHASSE R, ROCK FWD, RECOVER, CHASSE L

- 2-3 Rock back RF(2), Recover onto LF (3)
 - 4&5 1/4 R Step side RF(4), Step LF beside RF(&), 1/4 R Step side RF(5)
 - 6-7 Rock back RF(6), Recover onto LF (7)
 - 8& Step side LF(8), Step RF beside LF(&)
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