

9 to 5 (Chair)

Count: 32

Wall: 0

Level: Chair

Choreographer: Donna Munafo (USA) & Katie Casey (USA) - August 2026

Music: 9 To 5 - Dolly Parton



INTRO 16 counts

S1. STEP KICKS

- 1-2 STEP R KICK L
- 3-4 STEP L KICK R
- 5-6 STEP R KICK L
- 7-8 STEP L KICK R

S2. TYPEWRITER

- 1-3 BOTH HANDS CENTER CHEST HIGH WIGGLE FINGERS (TYPING)
- 4 LEFT HAND SMALL SIDEWAY SLAP FROM L TO R (HIT RETURN)
- 5-7 BOTH HANDS CENTER CHEST HIGH WIGGLE FINGERS (TYPING)
- 8 LEFT HAND SMALL SIDEWAY SLAP FROM L TO R (HIT RETURN)

S3 SIDE TOUCHES 2X R AND 2X LEFT

- 1-2 TOUCH R TOE TO R SIDE, TOUCH R TOE NEXT TO L FOOT
- 3-4 TOUCH T TOE TO R SIDE, STEP R NEXT TO L
- 5-6 TOUCH L TOE TO L SIDE, TOUCH L TOE NEXT TO R FOOT
- 3-4 TOUCH L TOE TO L SIDE, STEP L NEXT TO R FOOT

S4 FISTS TO HIPS, STOMP R FOOT, L FOOT, JAZZ HANDS

- 1-2 STOMP R FOOT, BOTH FISTS TO HIPS, HOLD
- 3-4 STOMP L FOOT, HOLD
- 5-8 RAISE EACH HAND TO EACH SIDE OF THE HEAD FOR JAZZ HANDS

RESTART

TAG: AFTER 3RD REPETITION

- 1-2 TAP R HEEL FORWARD, RETURN TO CENTER
- 3-4 TAP L HEEL FORWARD, RETURN TO CENTER
- 5-6 TAP R HEEL FORWARD, RETURN TO CENTER
- 7-8 TAP L HEEL FORWARD, RETURN TO CENTER