

Rumba Stars

Count: 40

Wall: 4

Level: Intermediate

Choreographer: Karen Elisabeth Håland (NOR) - August 2026

Music: A Sky Full of Stars - Gloria Jessica



Introduction: 24 counts

STEP FORWARD, HITCH, STEP BACKWARD & SWEEP x 2, BACK ROCK, SIDE STEP & DRAG

- 1 - 2 Step left foot forward (1), Raise right knee up (2)
- 3 - 4 Step right foot backwards, sweep left foot from front to back (3)
Switch weight onto left foot, sweep right from front to back (4)
- 5 - 6 Switch weight onto right foot/rock back (5), Recover weight onto left foot (6)
- 7 - 8 Step right foot to the side (7), Drag touch left foot next to right (8)

FORWARD ROCK, SIDE STEP & DRAG, FORWARD ROCK WITH A QUARTER TURN, SIDE STEP WITH A QUARTER TURN, DRAG

- 1 - 2 Step left foot forward (1), Recover weight onto right (2)
- 3 - 4 Step left foot to the side (3), Drag touch right foot next to left (4)
- 5 - 6 Step right foot forward with a quarter counterclockwise turn (5), Recover weight onto left (6)
- 7 - 8 Step right foot to the side with a quarter clockwise turn (7), Drag touch left foot next to right (8)

FORWARD ROCK WITH A QUARTER TURN, SIDE STEP WITH A QUARTER TURN, DRAG, SIDE STEP, HIP SWAY x 2, CROSS STEP, SIDE STEP

- 1 - 2 Step left foot forward in a quarter clockwise turn (1), Recover weight onto right foot (2)
- 3 - 4 Step left foot to the side with a quarter counterclockwise turn (3), Drag touch right foot next to left (4)
- 5 - 6 Step right foot to the side, sway hip to the right (5), Sway hip to the left (6)
- 7 - 8 Cross right foot over left (7), Step left foot to the side (8)

BACK ROCK WITH A QUARTER TURN, PRISSY WALK x 2, PIVOT FULL TURN WITH A HOOK, STEP FORWARD x 2

- 1 - 2 Step right foot back in a clockwise turn (1), Recover weight onto left foot (2)
- 3 - 4 Step right foot fwd slightly diagonal with a playful lift of left knee (3)
Step left foot forward slightly diagonal with a playful lift of right knee (4)
- 5 - 6 Step right foot forward feet in extended third position (5),
Do a full counterclockwise pivot turn with a hook, weight ending on right foot and left foot in hook position (6)
- 7 - 8 Step left foot forward (7), Step right foot forward (8)

LUNGE & RECOVER WITH QUARTER TURNS, KICK, SIDE STEP, BODY SWAY x 2, HEEL BOUNCE

- 1 - 2 Step left foot back in a lunge step whilst quarter turning your body counterclockwise, optional cross your arms and hug your shoulders (1)
Recover weight back onto right foot and turn your body a quarter clockwise, thus returning to the wall you had briefly faced away from, optional throw your arms to the side of your body in a slight angle (2)
- 3 - 4 Kick left foot forward (3), Step left foot to the side (4)
- 5 - 6 Sway body to the left, optional throw left hand to the side and turn your head in sync with this movement (5)
Sway body to the right, optional throw right hand to the side and turn your head in sync with this movement (6)
- 7 - 8 Heels off the floor (7), Heels back on floor (8)

No tags, no restarts. Go embrace the joy of dancing!
