

3rd Rock From the Sun

Count: 40

Wall: 2

Level: Beginner

Choreographer: Ross Brown (ENG) - August 2026

Music: 3rd Rock From The Sun - Little Bee



Intro : 8 Counts (Approx. 3 Seconds)

HEEL SWITCHES; R, L, L, R.

- 1 – 2 Tap R heel forward, step R next to L.
- 3 – 4 Tap L heel forward, touch L next to R.
- 5 – 6 Tap L heel forward, step L next to R.
- 7 – 8 Tap R heel forward, touch R next to L. (12 O'CLOCK)

RUN AROUND $\frac{3}{4}$ TURN R. BRUSH.

- 1 – 7 (In a circular fashion) Make a $\frac{3}{4}$ turn R running around; R, L, R, L, R, L, R.
- 8 Brush L foot forward. (9 O'CLOCK)

STEP, LOCK, STEP. BRUSH. X2.

- 1 – 2 – 3 Step L forward, lock R behind L, step L forward.
- 4 Brush R foot forward.
- 5 – 6 – 7 Step R forward, lock L behind R, step R forward.
- 8 Brush L foot forward.

EASIER OPTION : Replace the LOCKs with TOGETHERs to do SHOOP SHOOPs. (9 O'CLOCK)

FORWARD ROCK. BACK, TOUCH. BACK, TOUCH. BACK, TOUCH.

- 1 – 2 Rock L forward, recover onto R.
- 3 – 4 Step L back to L diagonal, touch R next to L.
- 5 – 6 Step R back to R diagonal, touch L next to R.
- 7 – 8 Step L back to L diagonal, touch R next to L. (9 O'CLOCK)

SLOW SIDE ROCK $\frac{1}{4}$ TURN L (with "WINDMILL" GUITAR ARM). HIP BUMPS/THRUSTS.

- 1 – 4 Rock R to R, make a $\frac{1}{4}$ turn L recovering onto L over 3 Counts.
- 5 – 8 Bump/Thrust hips; back, forward, back, forward. [Weight ends on L]

ARMS : On Counts 1 – 4, swing your Right Arm back then over your head like striking an air/electric guitar.

On Counts 5 – 8, just have fun with your Arms!

You could do a Forward-Back pumping action or a quick drum solo. (6 O'CLOCK)

END OF DANCE! ☺