

Through Thick & Thin

Count: 32

Wall: 4

Level: Beginner

Choreographer: Micaela Svensson Erlandsson (SWE) - August 2026

Music: Stand By Me - American West



1 Tag, After Wall 9, Facing 3 O'clock

Section 1 Side Strut. Cross Strut. Right Chasse. Back Rock

- 1-2 Touch right toes to right side. Drop right heel to the floor.
- 3-4 Cross left toes over right foot. Drop left heel to the floor.
- 5&6 Step right foot to right side. Close left foot beside right. Step right foot to right side.
- 7-8 Rock back on left foot. Recover onto right foot.

Section 2 Left Extended Vine. Left Chasse. Back Rock.

- 1-4 Step left foot to left side. Cross right foot behind left foot.
- 3-4 Step left foot to left side. Cross right foot over left foot.
- 5&6 Step left foot to left side. Close right foot beside left. Step left foot to left side
- 7-8 Rock back right foot. Recover onto left foot.

Section 3 Monterey ¼ Turn right. Kick Ball Step. Kick Ball Step.

- 1-2 Point right foot to right side. Turn ¼ right on left foot stepping right beside left.
- 3-4 Point left foot to left side. Step left foot beside right foot taking weight.
- 5&6 Kick right foot forward. Step right in place. Step forward on left foot.
- 7&8 Kick right foot forward. Step right in place. Step forward on left foot.

Section 4 Rock Step. Shuffle Back. Back Rock. Shuffle forward.

- 1-2 Rock Forward on right foot. Recover onto left foot.
- 3&4 Step back on right foot. Close left foot beside right foot. Step back on right foot.
- 5-6 Rock back on left foot. Recover onto right foot.
- 7&8 Step forward on left foot. Close right foot beside left foot. Step forward on left foot.

Tag Step. ½ Turn left. Forward Shuffle. Step. ½ Turn right. Forward Shuffle.

- 1-2 Step forward on right foot. Turn ½ over left shoulder.
- 3&4 Step forward on right foot. Close left foot beside right foot. Step forward on right.
- 5-6 Step forward on left foot. Turn ½ over right shoulder.
- 7&8 Step forward on left foot. Close right foot beside left foot. Step forward on left foot.

Ending: When you finish the last wall, facing 9 O'clock, make a Heel Grind ¼ Turn right, to finish the dance facing 12 O'clock.