

Trendy Rhythm CHA CHA

Count: 32

Wall: 4

Level: Improver

Choreographer: Linda Oei (INA) - August 2026

Music: Professional Music for Dance Sport - Trendy Rhythm CHA CHA



No Tag - No Restart

S1 : Side Rock – Chasse – Cross Rock – Side – Close-¼ Turn Left Forward

- 1-2 Step R To Side – Recover on L
- 3&4 Step R To Side – Close L Beside R – Step R to Side
- 5-6 Cross L Over R – Recover On R
- 7&8 Step L To Side – Close R Beside L – ¼ Turn Left Step L Fwd

S2 : Cross Rock – Side – Forward – ¼ Turn Left Cross Shuffle

- 1&2 Cross R Over L – Recover On L – Step R to Side
- 3&4 Cross L Over R – Recover On R – Step L To side
- 5-6 Step R Fwd – ¼ Turn Left step L in Place
- 7&8 Cross R Over L – Step L to Side – Cross R Over L

S3 : Back Rock – Knee Pop (L- R) – Back Rock – Forward – Pivot ½ Left

- 1-2 Step L Back – Recover On R
- 3-4 Pop L knee – Pop R knee
- 5-6 Step R Back – Recover On L
- 7-8 Step R Fwd – Pivot ½ Left – Step L In Place

S4 : Weave To Left – Point To Side Cross – Point – ¼ Turn Left Padhel

- 1-2-3-4 Cross R Over L – Step L To Side – Cross R Behind L – Point L to Side.
 - 5-6 Cross L Over R – Point R to Side
 - 7-8 Step R Fwd – ¼ Turn Left Step L In Place
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