

Circle Focus

Count: 32

Wall: 0

Level: Beginner Circle

Choreographer: Maryse Fourmage (FR) & Angéline Fourmage (FR) - 18 August 2026

Music: Flip That - Thund



Start : 16 count, 7s approximately

Starting Position : Face to Face - Be at least 6 dancers

No Tag – No Restart

[1-8] Rumba-Box modified, Stompx2

- 1-2 RF to R side, LF next to RF
- 3-4 RF FW, Touch LF next to RF
- 5-6 LF to L side, RF next to LF
- 7-8 L Stomp, R Stomp (The weight is RF)

[9-16] Rumba-Box modified, Stompx2

- 1-2 LF to L side, RF next to LF
- 3-4 LF FW, Touch RF next to LF
- 5-6 RF to R side, LF next to RF
- 7-8 R Stomp, L Stomp (The weight is LF)

[17-24] Point, Point, Together, Touch, Point, Point, Together, Close (Option : Touch)

- 1-2 R Point FW (The partners slap both hands at the same time), R Point to R side (stretch your arms out to the side)
- 3-4 RF next to LF (Put your arms by your sides), Touch LF next to RF (Put your hands on your hips)
- 5-6 L Point FW (The partners slap both hands at the same time), L Point L side (Stretch your arms out to the side)
- 7-8 LF next to RF (Put your arms by your sides), RF next to LF (option : touch)(Put your hands on your hips) (The weight is on LF)

[25-32] Clap R Hand, Clap Thigh, Clap L Hand, Clap Thigh, Clap R L Hand, Clap , Clap Thighs, Touch Forehead

- 1-2 On Place : Each dancer claps their right hand into their partner's, Bring your right hand down along your body with a clap on your right thigh
- 3-4 Each dancer claps their left hand into their partner's, Bring your left hand down along your body with a clap on your left thigh
- 5-6 Each dancer claps their hands into their partner's, Each dancer claps their hands style 'Namasté'
- 7-8 Bring your hands down along your body with a clap on your thighs, Touch your forehead with your right hand

Start the dance again

For Level Intermediate Phrased : Flip your focus by Rebecca Lee & Tim Johnson

Smile and enjoy the dance

Contact : maellynedance@gmail.com