

# The Stomp

Count: 32

Wall: 4

Level: Beginner

Choreographer: Karianne Heimvik (NOR) - August 2026

Music: Boots On The Bass - Jai Beau



## **(1-8) stomp, stomp, touch, kick ¼ turn, stomp, stomp, hip, hip**

1,2,3,4 stomp RF in place, stomp LF in place, touch RF in place, turn ¼ to right and kick RF fwd  
5,6,7,8 stomp RF out to right side, stomp LF out to left side (feet end up shoulder length apart), make  
a circle with your hips (anti clockwise), make a circle with your hips (anti clockwise),  
**(variation, instead of two circles with you hips, just make one circle, anticlockwise, over counts 7, 8)**

## **(9-16) vine to the right, vine to the left**

1,2,3,4 step RF to right side, step LF behind RF, step RF to right side, touch LF next to RF  
5,6,7,8 step LF to left side, step RF behind LF, step LF to left side, touch RF next to LF  
**(variation; do a rolling vine, either one or both ways)**

## **(17-24) K-step**

1,2,3,4 step RF fwd diagonally to the right, touch LF next to RF and clap your hands, step LF back in  
place, touch RF next to LF and clap your hands  
5,6,7,8 step RF back diagonally on the right, touch LF next to RF and clap your hands, step LF back  
in place, touch RF next to LF and clap your hands

## **(25-32) paddle full turn, V-step**

1,2,3,4 Paddle turn to left (touch RF to side, while turning 1/4, repeat 3 more time until you face 12  
o'clock again)

## **(for styling, make a lasso move with your right arm)**

5,6,7,8 step RF out to right diagonal, step LF out to left diagonal, step RF back in place, step LF  
back in place

**I hope you have fun, smile, dance and make it yours!**

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